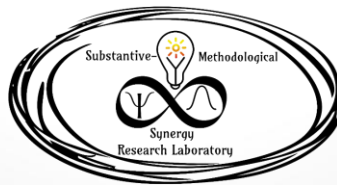


## **The Bifactor ESEM framework**

**A way to see the forest and the trees  
in psychometric measurement**

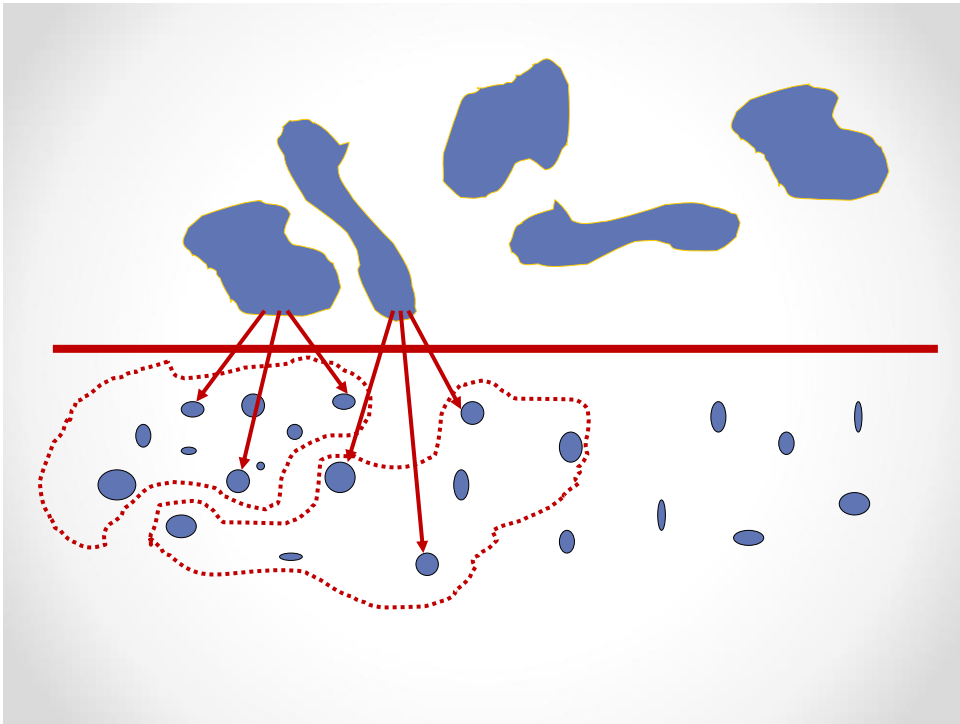
**Alexandre J.S. Morin**



1

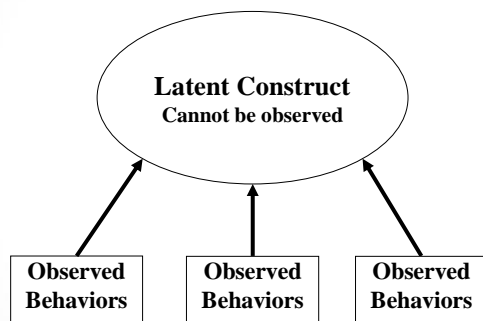
## **Brief Recap**

2



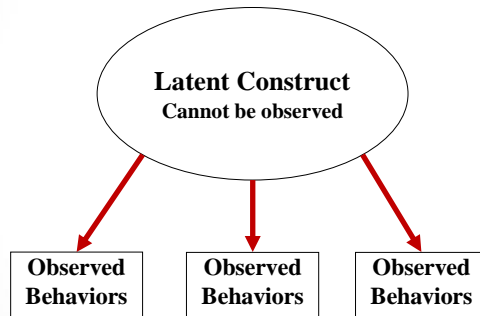
3

# Psychological Constructs

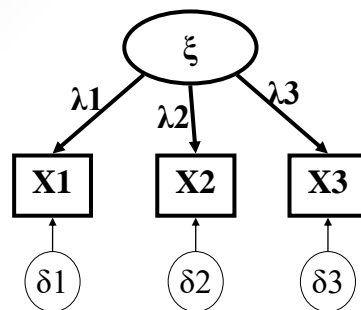


4

# Psychological Constructs



5

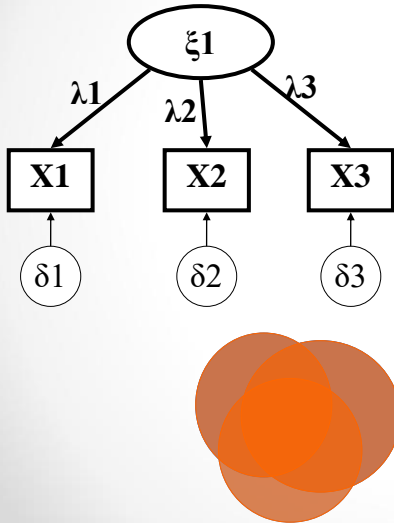


$$X = \Lambda\xi + \delta$$

$$X = \tau + \Lambda\xi + \delta$$

6

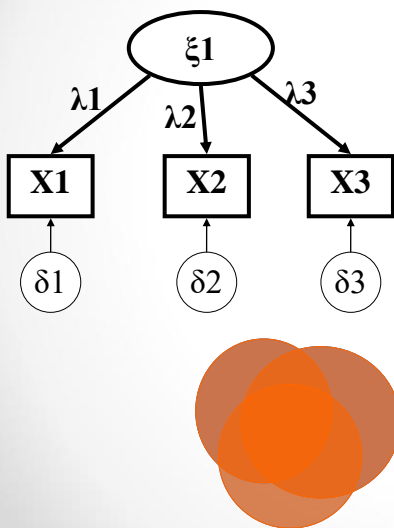
# Factor Analysis



- Focuses on the **covariance** matrix: What is shared among the indicators.
- A **reflective model**: The indicators are seen as providing a reflection of the latent construct.
- The indicators are assumed to have 2 causes: the latent construct, and the uniqueness (which includes random error, and all that is specific to the item).

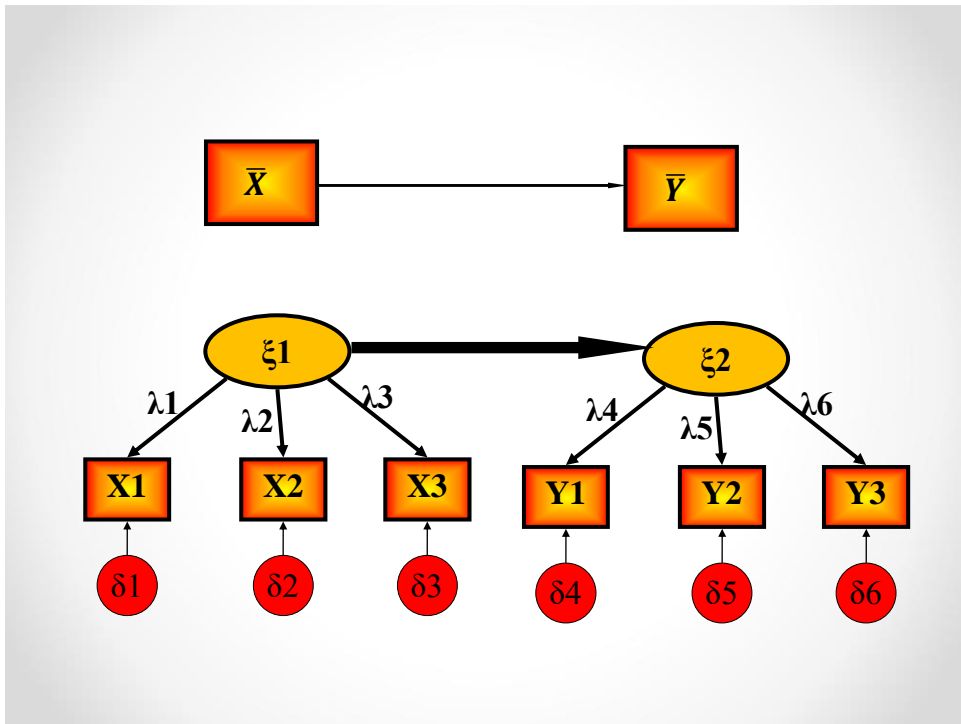
7

# Factor Analysis



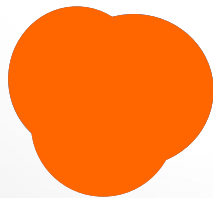
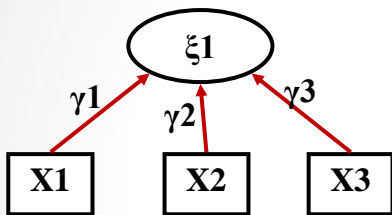
- The residual, or uniqueness, describes what is unique to the indicator (not shared with the other indicators).
- What is shared among indicators is completely absorbed in the factor (i.e., covariance).
- The factor is thus corrected for measurement error; perfectly reliable.
- Conditional independence: Factor analysis « assumes » that all of the covariance will be absorbed by the factor (no residual correlations among the uniquenesses) .

8



9

## Principal Component Analysis



- Aims to reproduce the complete **variance-covariance** matrix, thus what is shared among the indicators **and** what is unique to them.
- **Formative model:** Indicators “form” the latent variable.
- Useful as a way to obtain a “summary” index of otherwise unrelated indicators (e.g., life events: divorce, marriage, death of a loved one, imprisonment).
- Assume that you are interested in all that is in the indicators.

10

## Lauri Tarkkonen's Blueberry Pie

- You mix the dough, let it rest.
- Go pick the blueberries in your garden.
- Come back, roll the dough, make a base.
- **Principal component analysis:**
  - Drop the content of your picking bucket in directly into the pie plate.
  - This is a good method when you were very careful in the picking process and are growing organic blueberries.
- **Factor analysis :**
  - When you were not as careful, you may prefer to start by extracting leaves, frogs, lizards and spiders from your bucket, and then washing the blueberries. This is like controlling for “measurement errors”.

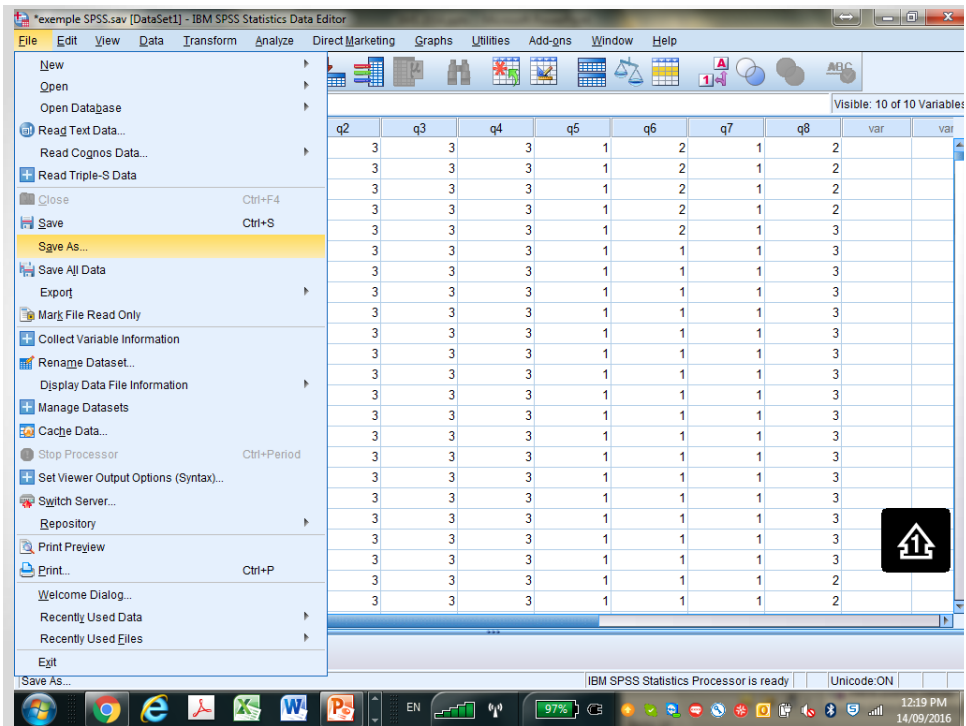
11

## Brief Introduction to Mplus

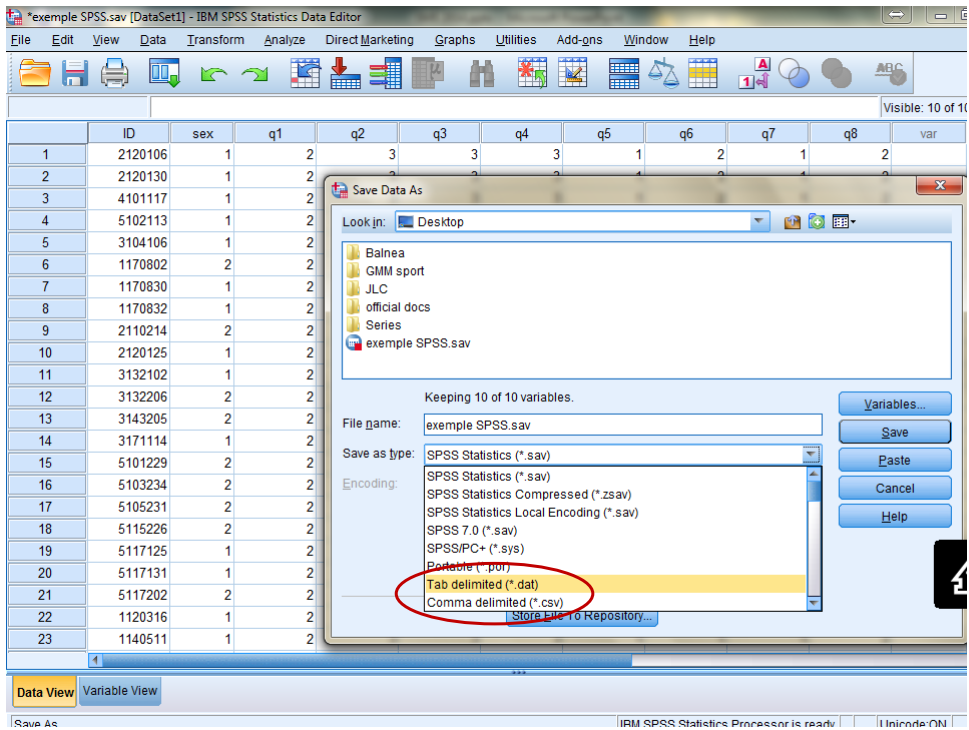
12

13

14

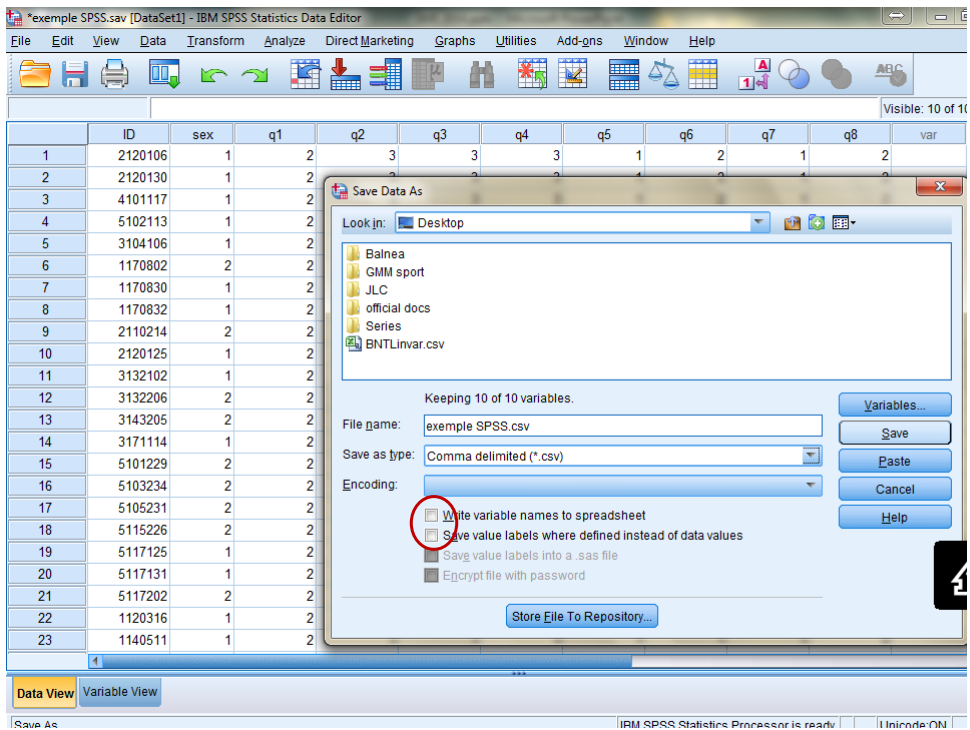


15

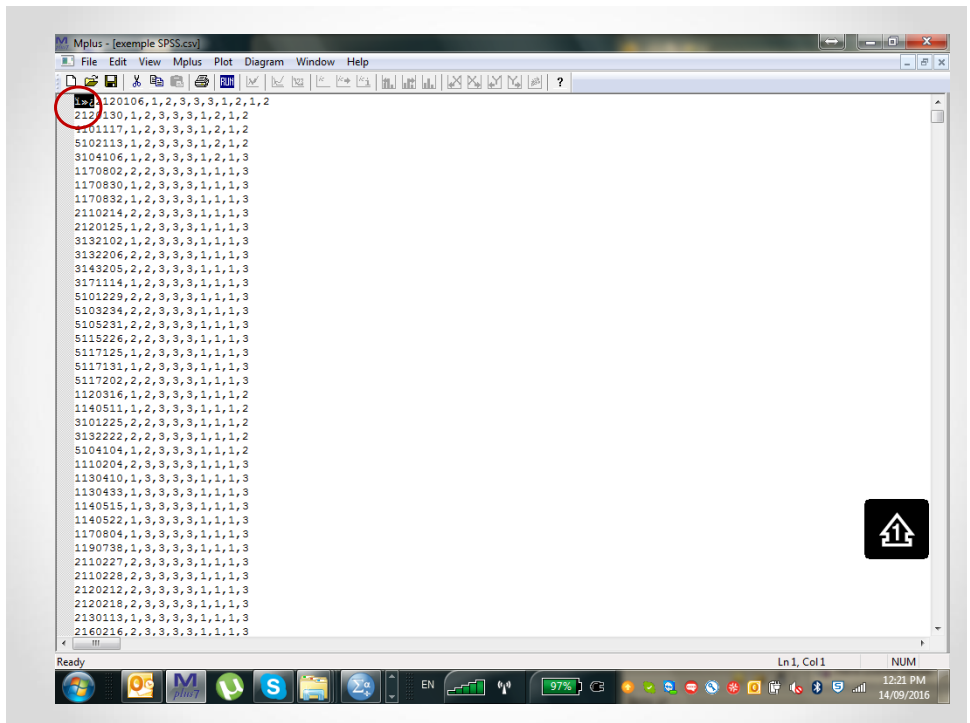


16





17



18

**Title:**

**Title of the model to be estimated;**

! Annotations following “!” are discarded by the program

! The TITLE function is not mandatory.

! All commands end with “;”

! All section titles end with “:”

**Data:**

**File is esemdata.csv;**

! The FILE function of the DATA section is used to identify your

! data set. If the data set is in the same folder, then this is fine.

! If the data set is in another folder, then the full link is indicated.

**File is D:\DOCUMENTS\LATENT VARIABLE  
MODELING\esemdata.csv;**

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**VARIABLE:**

**Names are ID sex q1 q2 q3 q4 q5 q6 q7 q8;**

! The NAMES function lists, in order, all variables in the data set.

**Usevariables are q1 q2 q3 q4 q5 q6 q7 q8;**

! The USEVARIABLES function lists those used in the analysis.

**Missing are all (-999);**

! The MISSING function identifies the missing data code.

**Idvariable = ID;**

! The IDVARIABLE identifies the unique identifier.

**Auxiliary = sex;**

**Auxiliary = sex (m);**

! Sometimes, one wants to save the results from an analysis to an

! external data file (e.g., scores on the factors). This external data

! file will include all variables included in the analyses + those

! listed as auxiliary. The (m) indicators allows auxiliary variables

! to be taken into account in the missing data process.

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**ANALYSIS:**

**TYPE = General;**

**ESTIMATOR = MLR;** ! Or ML, etc.

! MLR is robust to multivariate non-normality

! MLR can be made to be robust to nesting.

**MODEL:**

!!! This is where everything happens !

21



**A simple correction for nesting:**

**VARIABLE:**

**NAMES =** ID sex q1 q2 q3 q4 q5 q6 q7 q8;

**USEVARIABLES =** q1 q2 q3 q4 q5 q6 q7 q8;

**Missing are all (-999);**

**Idvariable =** ID;

**CLUSTER = Unit;**

**Analysis:**

**TYPE = COMPLEX;**

**ESTIMATOR = MLR;**

22

**MODEL:**

!!! This is where everything happens !

**OUTPUT:**

**SAMPSTAT STANDARDIZED MODINDICES CINTERVAL  
RESIDUAL SVALUES TECH1 TECH3 TECH4 ;**

**SAMPSTAT:** sample descriptive.

**STANDARDIZED:** Standardized parameter estimates.

**CINTERVAL:** Confidence intervals for parameter estimates.

**RESIDUAL:** Residuals for parameter estimates.

**MODINDICES:** Modification indices.

**SVALUES:** Starts Values.

**TECH1:** Parameter specifications and starts values (not for EFA).

**TECH3:** Correlations and covariances for parameter estimates.

**TECH4:** Means, Correlations and covariances for the latent variables.

23

# MODEL:

**ON:** Defines a regression e.g., **Y ON X;**

**WITH:** Defines a correlation e.g., **XWITH Y;**

**BY:** Defines a factor loading e.g., **FI BY XI X2 X3;**

**[ ]:** Variable names within brackets define intercepts and means e.g., **[X1];** or **[F1];**

**Variable names:** By themselves, variable names define variances, uniquenesses and disturbances e.g., **X1;** or **F1;**

**\***: Is used to request the free estimation of a parameter that would otherwise be constrained e.g., **FI BY XI\* X2 X3;** or to provide a start value for a parameter e.g., **FI BY XI\*.900 X2\*.850 X3\*800;**

**@:** Is used to constrain a parameter to a specific value e.g., **FI BY XI@1 X2 X3;**

**():** alphanumeric codes in parentheses following a parameter can be used to constrain parameters to equality, e.g. **FI BY XI\* (11) X2 (12);**

24

**\*\*\*WARNING**

Data set contains cases with missing on x-variables.

These cases were not included in the analysis.

Number of cases with missing on x-variables: 61

**\*\*\*WARNING**

Data set contains cases with missing on all variables except x-variables. These cases were not included in the analysis.

Number of cases with missing on all variables except x-variables: 30

**By explicitly requesting the free Estimation of the variance of the exogenous variables in MODEL: FIML will be activated.**

**X1 X2 X3;**

25

**THE MODEL ESTIMATION TERMINATED NORMALLY**

**MODEL FIT INFORMATION**

Number of Free Parameters 13

**Loglikelihood**

H0 Value -7221.664

H0 Scaling Correction Factor 1.6859  
for MLR

H1 Value -7221.604

H1 Scaling Correction Factor 1.6256  
for MLR

**Information Criteria**

Akaike (AIC) 14469.328

Bayesian (BIC) 14537.107

Sample-Size Adjusted BIC 14495.811  
( $n^* = (n + 2) / 24$ )

26

Chi-Square Test of Model Fit

Value	97.470*
Degrees of Freedom	19
P-Value	0.0000
Scaling Correction Factor for MLR	1.4070

\* The chi-square value for MLM, MLMV, MLR, ULSMV, WLSM and WLSMV cannot be used for chi-square difference testing in the regular way. MLM, MLR and WLSM chi-square difference testing is described on the Mplus website. MLMV, WLSMV, and ULSMV difference testing is done using the DIFFTEST option.

RMSEA (Root Mean Square Error Of Approximation)

Estimate	0.055
90 Percent C.I.	0.045 0.066
Probability RMSEA <= .05	0.203

CFI/TLI

CFI	0.947
TLI	0.922

SRMR (Standardized Root Mean Square Residual)

Value	0.040
-------	-------

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**MODEL RESULTS**

	Estimate	S.E.	Est./S.E.	Two-Tailed P-Value	
<b>POSF BY</b>					Unstandardized loading
Q1	1.000	0.000	999.000	999.000	
Q2	1.175	0.061	19.371	0.000	Unstandardized regression (b)
<b>POSF ON</b>					
ZSELFEST	0.225	0.027	8.272	0.000	Covariance
<b>ZDEPRESS ON</b>					
ZSELFEST	-0.346	0.037	-9.418	0.000	Means, Intercept, Variances
<b>ZSELFEST WITH</b>					
ZLONELY	-0.246	0.032	-7.688	0.000	Residuals (Disturbances, uniquenesses)
<b>Means</b>					
<b>Intercepts</b>					
<b>Variances</b>					
<b>Residual Variances</b>					
POSF	0.936	0.056	16.751	0.000	
Q1	0.883	0.049	17.982		

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**STANDARDIZED MODEL RESULTS**

**STDYX Standardization**

	Estimate	S.E.	Est./S.E.	Two-Tailed P-Value	
<b>POSF BY</b>					<b>Standardized loading</b>
Q1	0.583	0.028	21.101	0.000	
Q2	0.727	0.023	31.835	0.000	<b>Standardized regression (<math>\beta</math>)</b>
<b>POSF ON</b>					
ZSELFEST	0.225	0.027	8.472	0.000	
<b>ZDEPRESS ON</b>					<b>Correlation (r)</b>
ZSELFEST	-0.346	0.034	-10.305	0.000	
<b>ZSELFEST WITH</b>					
ZLONELY	-0.246	0.028	-8.875	0.000	
<b>Means</b>					<b>NA</b>
<b>Intercepts</b>					
<b>Variances</b>					<b>Standardized Residuals</b>
<b>Residual Variances</b>					
POSF	0.936	0.013	72.868	0.000	
Q1	0.882	0.022	39.564	0.000	

29

R-SQUARE	Estimate	S.E.	Est./S.E.	
Observed				<b>% Explained variance</b>
Variable				
ZGPA	0.064	0.013	4.948	<b>Communality (<math>h^2</math>)</b>
ZDEPRESS	0.118	0.022	5.297	
Q1	0.340	0.032	10.550	
Q2	0.529	0.033	15.917	0.000
Q3	0.430	0.035	12.212	0.000
Q4	0.551	0.035	15.578	0.000
Q5	0.753	0.071	10.544	0.000

30

# Standardized or Unstandardized?

## Unstandardized:

- Means and Intercepts
- Variances

## Both:

- Regressions (on)

## Standardized:

- Loadings (by)
- Residuals
- Correlations (with)
- Residual variances

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### CONFIDENCE INTERVALS OF MODEL RESULTS

	Lower .5%	Lower 2.5%	Lower 5%	Estimate	Upper 5%	Upper 2.5%	Upper .5%
ZGPA ON							
ZSELFEST	0.155	0.172	0.180	0.225	0.270	0.278	0.295
ZDEPRESS	-0.141	-0.122	-0.112	-0.060	-0.009	0.001	0.021
ZDEPRESS ON							
ZSELFEST	-0.441	-0.418	-0.407	-0.346	-0.286	-0.274	-0.252
ZLONELY	-0.087	-0.068	-0.059	-0.009	0.041	0.050	0.069

[...]

### CONFIDENCE INTERVALS OF STANDARDIZED MODEL RESULTS

#### STDYX Standardization

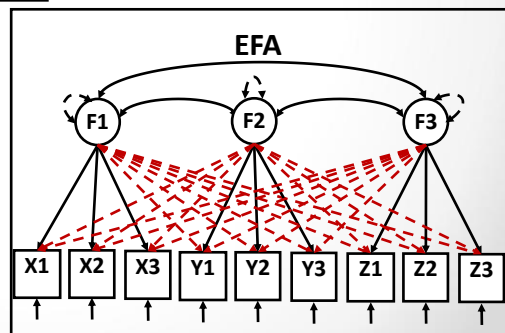
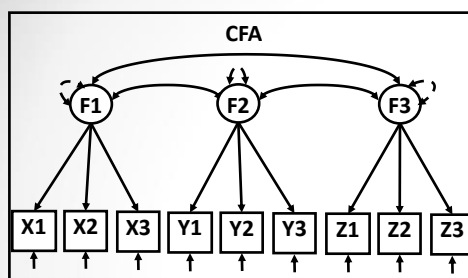
	Lower .5%	Lower 2.5%	Lower 5%	Estimate	Upper 5%	Upper 2.5%	Upper .5%
ZGPA ON							
ZSELFEST	0.157	0.173	0.181	0.225	0.269	0.277	0.293
ZDEPRESS	-0.142	-0.122	-0.112	-0.060	-0.008	0.001	0.021

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# EFA Vs CFA

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34

- Exploratory
- Dust bowl empiricism
- Goodness-of-fit
- Relations among latent variables corrected for measurement errors
- Connection to the SEM framework
- Changes the meaning of the constructs
- Parsimony

35

- Exploratory
- Dust bowl empiricism
- Goodness-of-fit
- Relations among latent variables corrected for measurement errors
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36

## EFA Versus CFA

- There is nothing inherently “confirmatory” or “exploratory” about EFA or CFA.
- The method can be “exploratory” (based on the estimation of all relations between indicators and constructs) or confirmatory (based on the estimation of a subset of relations).
- However, both approaches can still be used to address “confirmatory” or “exploratory” research objectives.
  - One can do EFA with clear a priori expectations
  - One can capitalize on chance in CFA (modification indices, post hoc changes, etc.).
- The only true difference is that CFA relies on the independent cluster assumption, whereas EFA incorporates cross-loadings.
- Target rotation makes ESEM fully “confirmatory”

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- Exploratory
- Dust bowl empiricism
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- Relations among latent variables corrected for measurement errors
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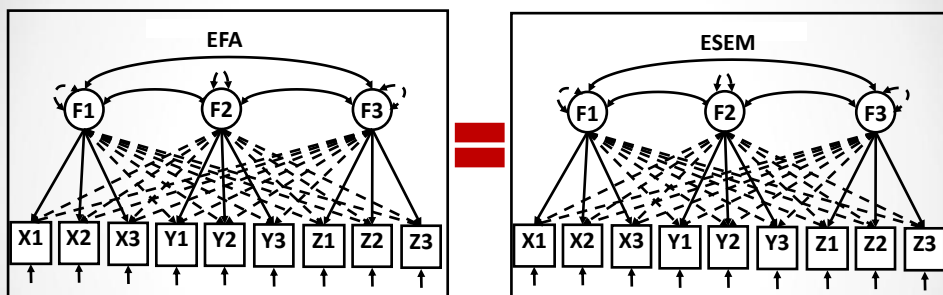
38

## EFA Versus CFA

- Goodness-of-fit indices have been available for EFA models for a while now, just not in SPSS.
- ESEM has recently “fully” connected EFA to the SEM framework.

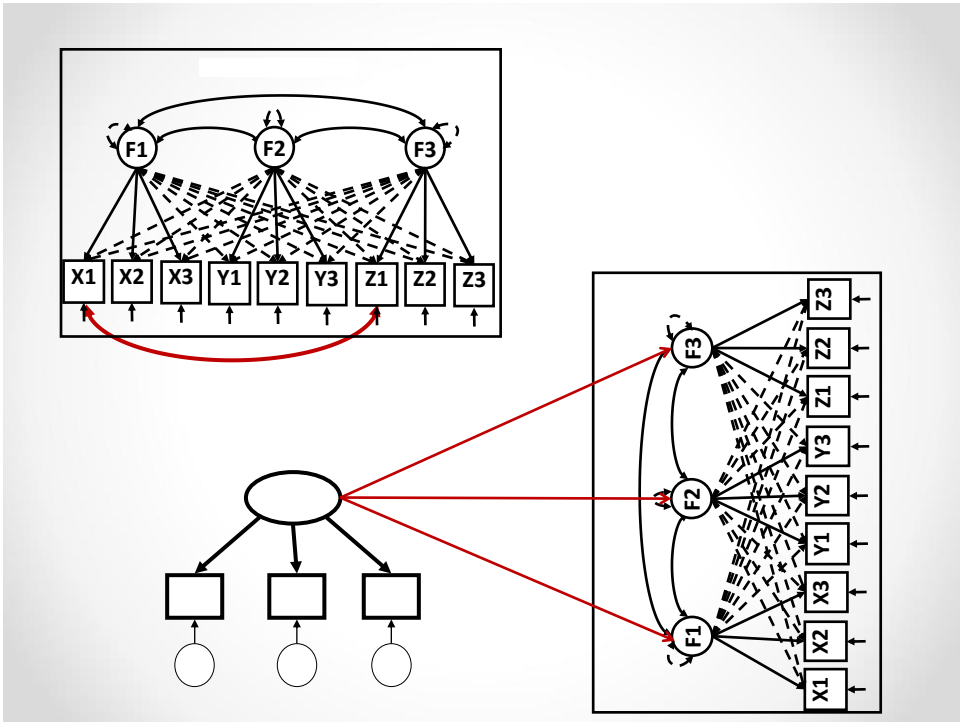
39

## EFA versus ESEM

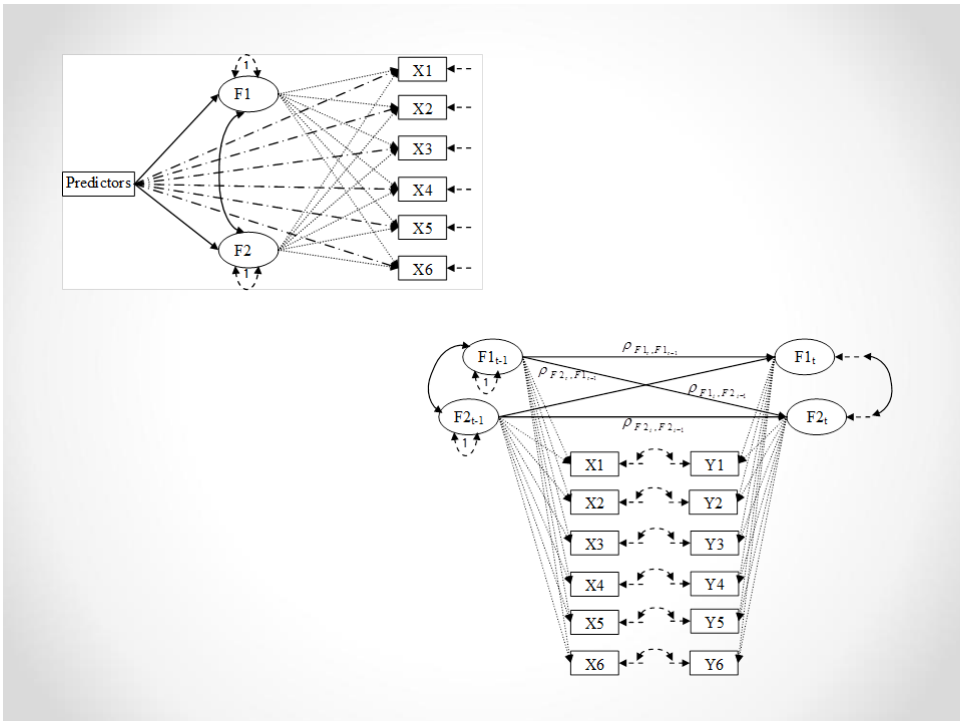


ESEM is a connection created between EFA and SEM

40



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### EFA

#### ANALYSIS:

```
TYPE = EFA | 4;  
ESTIMATOR = MLR;  
ROTATION = Geomin (.5);  
PARALLEL = 1000;
```

### ESEM

#### ANALYSIS:

```
TYPE = general;  
ESTIMATOR = MLR;  
ROTATION = Geomin (.5);
```

#### MODEL:

```
F1-F2 BY q1 q2 q3 q4 q5 q6  
q7 q8 (*1);
```

In the model section, identify the desired number of factors (F1-F2, or F1-F3), with the names being somewhat arbitrary.

All factors forming a single “set” of ESEM factors (with cross loadings being freely estimated within one set, and not across sets) have the same label in parenthesis at the end (\*1).

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#### ANALYSIS:

```
TYPE = general;  
ESTIMATOR = MLR;  
ROTATION = Geomin (.5);
```

#### MODEL:

```
F1-F2 BY q1 q2 q3 q4 q5 q6 q7 q8 (*1);
```

```
F3-F4 BY se1 se2 se3n se4 se5n se6 se7 se8n se9n se10n (*2);
```

```
q1 WITH se1;
```

```
F1-F2 ON F3-F4;
```

```
! And so on
```

Set #1

Set #2

44

# Rotations

**Geomin (epsilon):** A newly developed form of rotation that performs relatively well and is the default in Mplus. The default epsilon values varies across models and we have found that this does not perform so well. We recommend a value of .5 to maximally reduce factor correlations.

## **Crawford-Ferguson (CF) family:**

Minimizes variable complexity  
(smaller cross-loadings, greater  
factor correlations)

Minimizes factor complexity  
(smaller factor correlations,  
greater cross-loadings)



CF-Quartimax (= to direct quartimax)

CF-Varimax

CF-Equamax

CF-Parsimax

CF-Facparsim

**Oblimin, Promax, Varimax:** As in SPSS. Seldom used.

Geomin, all of the CF, and Oblimin are oblique by default, but can be specified as orthogonal.

ROTATION = CF-QUARTIMAX (Oblique);

ROTATION = CF-QUARTIMAX (Orthogonal);

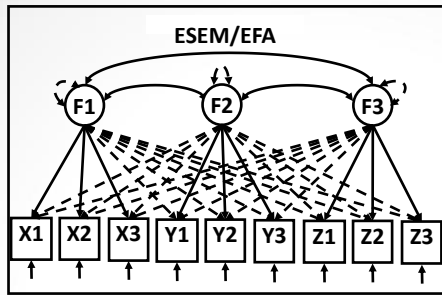
45

# Target Rotation

Target rotation, and bifactor-target rotation, provides a way to use a priori (confirmatory) specifications for factor rotations, with all cross-loadings freely estimated, but targeted to be as close to a pre-specified value (typically 0) as possible.

~0

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Analysis:

ESTIMATOR = ML;

ROTATION = TARGET;

Model:

F1 BY X1 X2 X3 Y1~0 Y2~0 Y3~0 Z1~0 Z2~0 Z3~0 (\*1);

F2 BY Y1 Y2 Y3 X1~0 X2~0 X3~0 Z1~0 Z2~0 Z3~0 (\*1);

F3 BY Z1 Z2 Z3 X1~0 X2~0 X3~0 Y1~0 Y2~0 Y3~0 (\*1);

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- Exploratory
- Dust bowl empiricism
- Goodness-of-fit
- Relations among latent variables corrected for measurement errors
- Connection to the SEM framework
- **Changes the meaning of the constructs**
- Parsimony

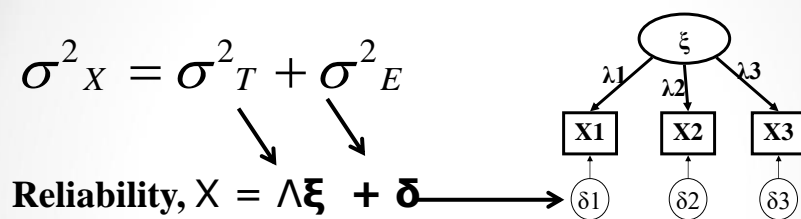
48



# How to assess the meaning of a construct ?

49

From Psychometrics, you may recall that:



50

# Reliability or Validity

- Factor loadings and uniquenesses are used to separate sources of variance that are unique to the items (uniquenesses, which include random measurement error), from those that are shared with other items (factor loadings, reflecting true score variance).
- But this is all related to reliability.
- Aren't we supposed to assess the meaning of a construct from analyses of validity?
- What is validity ?

51

$$\sigma^2_X = \sigma^2_T + \sigma^2_E$$
$$\sigma^2_X = \sigma^2_C + \sigma^2_{se} + \sigma^2_{re}$$

- Nomological network
- Relations with other constructs assessing the same, similar, related, or unrelated constructs.
- **SO**: The meaning of a construct lies in how it relates to other constructs, not in how it relates to its indicators.

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- Simulation studies shows that ESEM/EFA best recovers true population correlations and regressions (i.e., relations among constructs) when even negligible cross-loadings (.100) exist in the population model yet remains unbiased when ICM assumptions hold (when there are no cross loadings).
- This means that ESEM solutions should be favored whenever factor correlations differ across models, as long as the fit remains similar.

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Editorial Commentary

Bayesian Structural Equation Modeling With  
 Cross-Loadings and Residual Covariances:  
 Comments on Stromeyer et al.

Tihomir Asparouhov  
 Bengt Muthén  
*Muthén & Muthén*

Alexandre J. S. Morin  
*Australian Catholic University*

*Structural Equation Modeling: A Multidisciplinary Journal*, 00: 1–13, 2018  
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 **Routledge**  
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Comparing Exploratory Structural Equation Modeling  
 and Existing Approaches for Multiple Regression with  
 Latent Variables

Yujiao Mai,<sup>1,2</sup> Zhiyong Zhang,<sup>2</sup> and Zhonglin Wen<sup>1</sup>

<sup>1</sup>*South China Normal University*  
<sup>2</sup>*University of Notre Dame*

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- Exploratory
- Dust bowl empiricism
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- Parsimony

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## Parsimony?

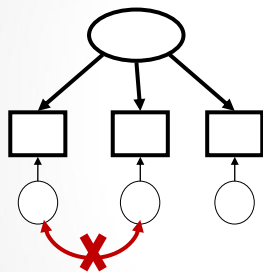
### Yes

1. When both models provide equivalent results, parsimony should be favored
2. Goodness of fit assessment should not be the sole source of information in the selection of the best model
3. Goodness-of-fit indices corrected for parsimony (TLI, RMSEA) should be given more weight.

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# Construct-Relevant Psychometric Multidimensionality

57



## **Conditional independence:**

« Assumes » that all of the covariance will be absorbed by the factors (no residual correlations among the uniquenesses) .

58

# Psychometric Multidimensionality

When the indicators tap into more than one source of true score variance.

## 1. Construct-Irrelevant Psychometric Multidimensionality:

- Involves the assessment of sources of multidimensionality that have no substantive interest.
- Involves the assessment of sources of multidimensionality that need to be controlled to avoid letting them bias parameter estimates.
- Methodological artefacts: Wording effects, rater effects, etc.

## 2. Construct-Relevant Psychometric Multidimensionality:

- Involves the assessment of sources of multidimensionality that have a substantive interest.
- Involves the assessment of sources of multidimensionality that need to be controlled to avoid letting them bias parameter estimates.
- Involves the presence of valid associations between the indicator and more than one construct.

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# Construct-Irrelevant Psychometric Multidimensionality:

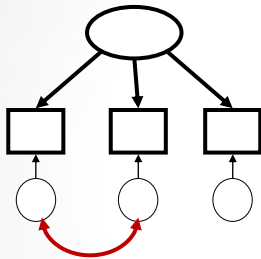
When indicators share something that is not related to the construct of interest.

1. Negatively-worded items
2. Type of informant: Self-report, parental report, peer reports, supervisor reports.
3. Items with parallel wording

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## Solution 1:

### Correlated Uniquenesses



MODEL:  
FI BY X1\* X2 X3;  
FI@1;  
X1 WITH X2;

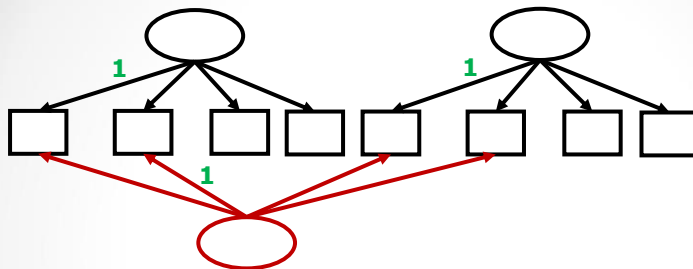
Schweizer (2012) describes correlated uniquenesses, especially *post hoc* ones, as a disaster for applied research as they change the meaning of the factors.

Correlated uniquenesses simply “float around”, providing an implicit control for multidimensionality while bringing nothing new to the model.

They simply take something out.

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## Solution 2: Method Factor



- Method factors provide an explicit control for multidimensionality by bringing something new to the model
- It makes no sense to allow the method factors to correlate with the trait factors.
- Be careful not to “double dip”: Do not re-use referent indicators.
- Not always realistic to use method factors (e.g., to control for parallel wording among 10 pairs of items).

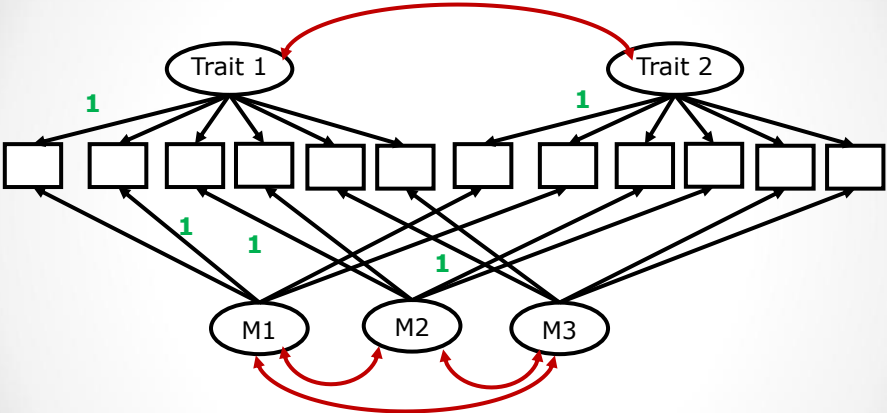
62

MODEL:  
 F1 BY X1\* X2 X3 X4;  
 F2 BY Y1\* Y2 Y3 Y4;  
 F1@1;  
 F2@1;  
 F1 WITH F2\* ;  
 MF BY X1\* X2 Y1 Y2;  
 MF@1;  
 MF WITH F1 @0;  
 MF WITH F2@0;

MODEL:  
 F1 BY X1@1 X2 X3 X4;  
 F2 BY Y1@1 Y2 Y3 Y4;  
 F1\*;  
 F2\*;  
 F1 WITH F2\* ;  
 MF BY X1\* X2@1 Y1 Y2;  
 MF\*;  
 MF WITH F1 @0;  
 MF WITH F2@0;

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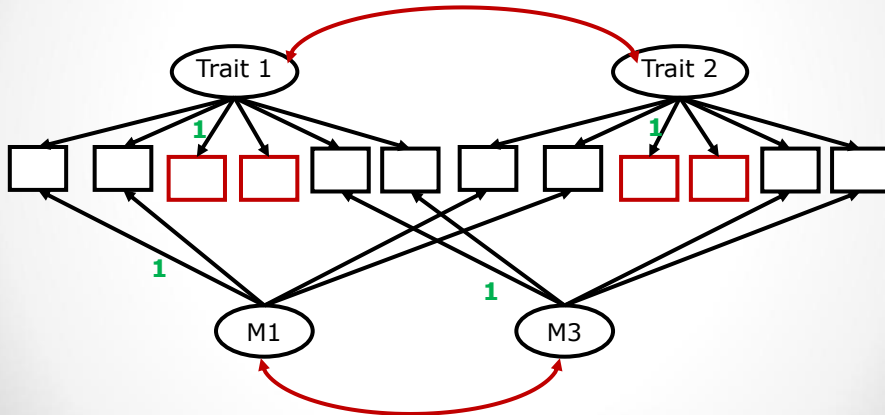
# Multitrait-Multimethod



64



## Correlated Traits Correlated Methods – 1: CT-C(M-1)



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## Psychometric Multidimensionality

When the indicators tap into more than one source of true score variance.

### 1. Construct-Irrelevant Psychometric Multidimensionality:

- Involves the assessment of sources of multidimensionality that have no substantive interest.
- Involves the assessment of sources of multidimensionality that need to be controlled to avoid letting them bias parameter estimates.
- Methodological artefacts: Wording effects, rater effects, etc.

### 2. Construct-Relevant Psychometric Multidimensionality:

- Involves the assessment of sources of multidimensionality that have a substantive interest.
- Involves the assessment of sources of multidimensionality that need to be controlled to avoid letting them bias parameter estimates.
- Involves the presence of valid associations between the indicator and more than one construct.

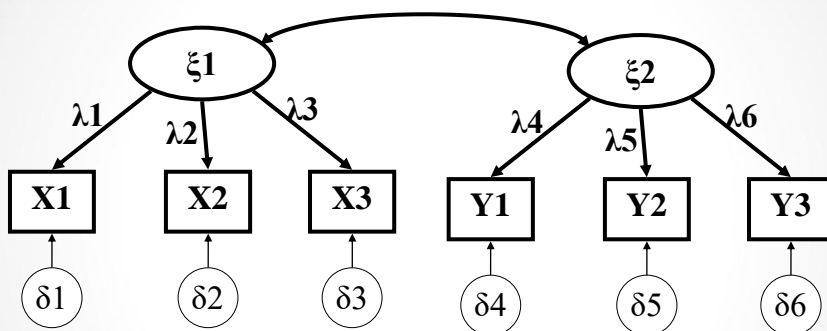
66

## Construct-Relevant Psychometric Multidimensionality:

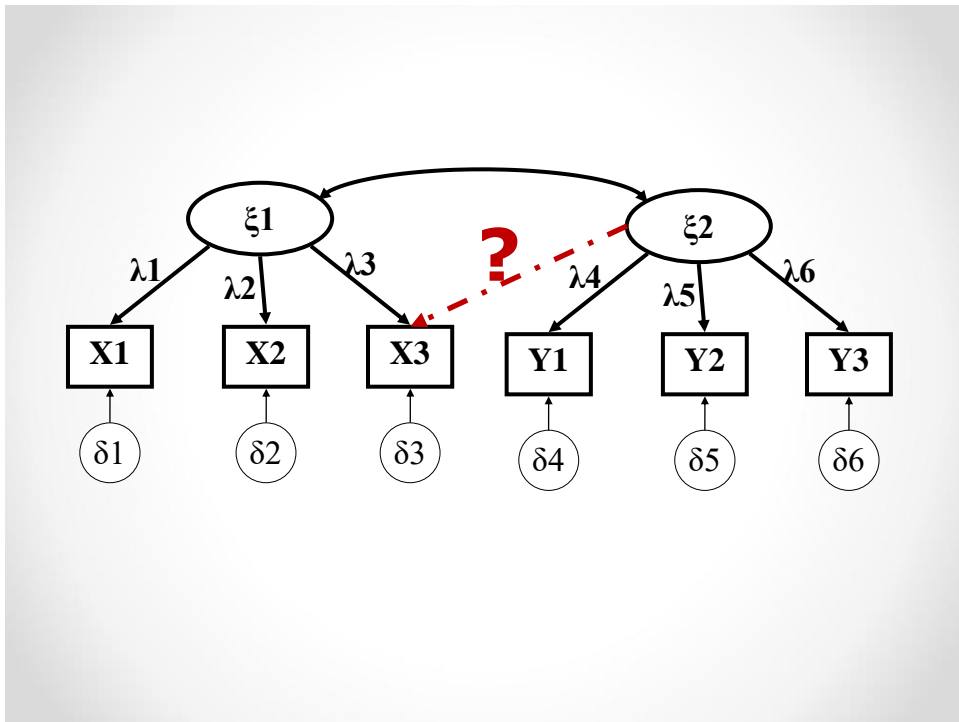
When indicators share something that is substantively relevant.

1. **Conceptually-related constructs:** Exploratory Structural Equation Modeling (ESEM)
2. **Hierarchically-ordered constructs:** Higher-Order Factor Modeling, Bifactor Modeling.
3. **Both:** Higher-order-ESEM, Bifactor- ESEM

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## Construct Relevant Psychometric Multidimensionality

The expectation that each item will correspond to a single source of true score variance that is an implicit part of CFA models is unrealistic, and has never been part of psychometric test theory.

### Conceptually-Related Constructs

- Insomnia: Depression, anxiety, Drug Abuse, Burnout, etc.
- “I am Good Looking”:
  - Physical Self-Concept
  - Peer-Self-Concept, *beauty is partly in the eye of the beholder.*

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## Construct Relevant Psychometric Multidimensionality

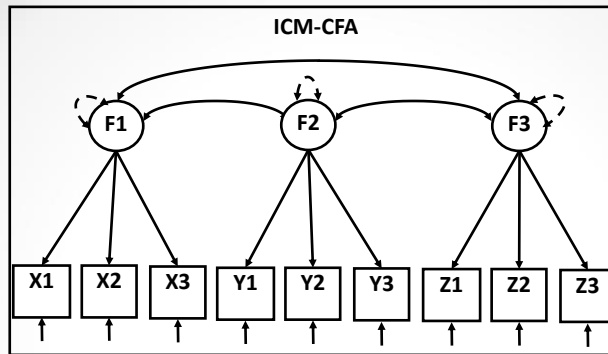
### Hierarchically-Ordered Constructs

- “I am Good Looking”:
  - Physical Self-Concept
  - Peer-Self-Concept
  - **Global Self-Concept**

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## Hierarchically-Ordered Constructs

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! Model section of Mplus input

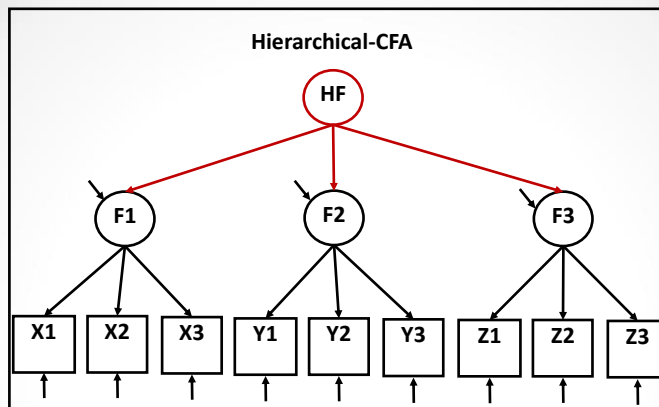
MODEL:

F1 BY X1 X2 X3 X4;

F2 BY Y1 Y2 Y3 Y4;

F3 BY Z1 Z2 Z3 Z4;

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MODEL:

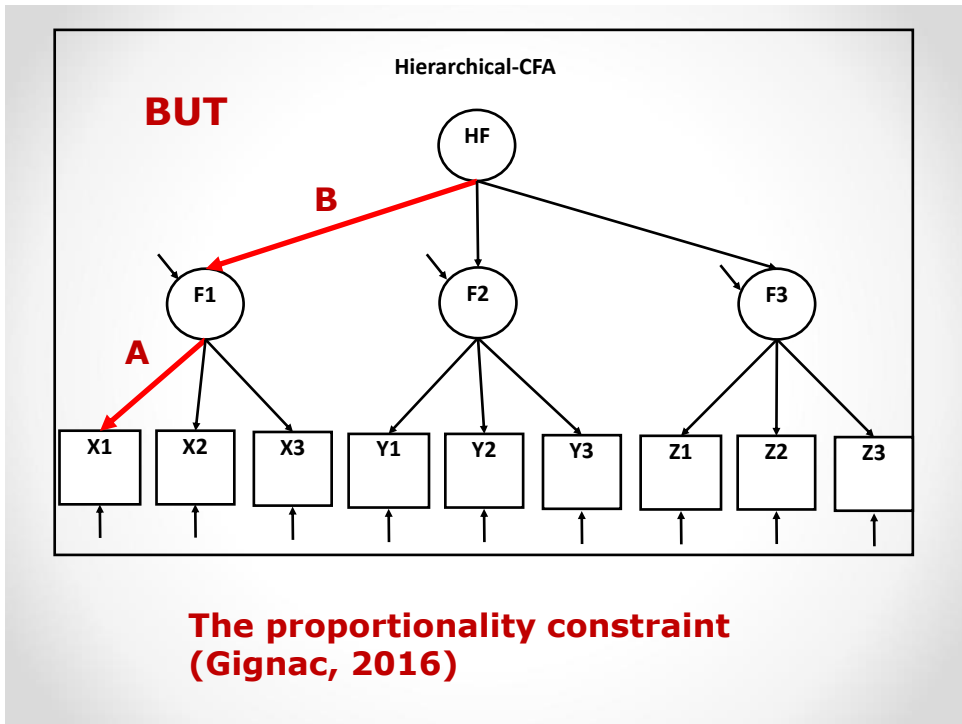
F1 BY X1 X2 X3 X4;

F2 BY Y1 Y2 Y3 Y4;

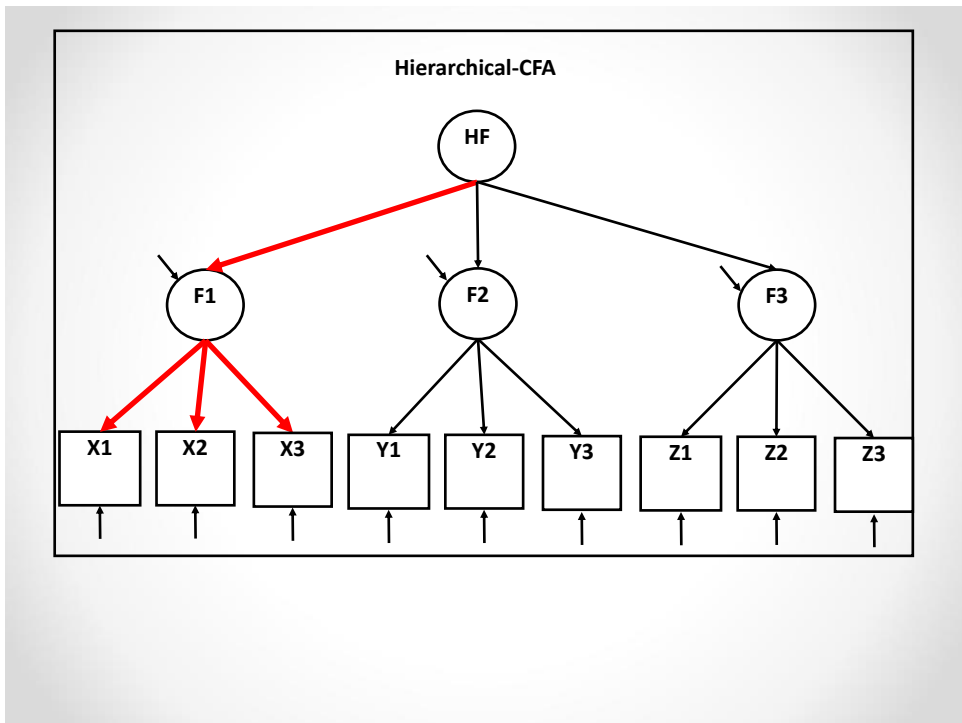
F3 BY Z1 Z2 Z3 Z4;

**HF BY F1 F2 F3;**

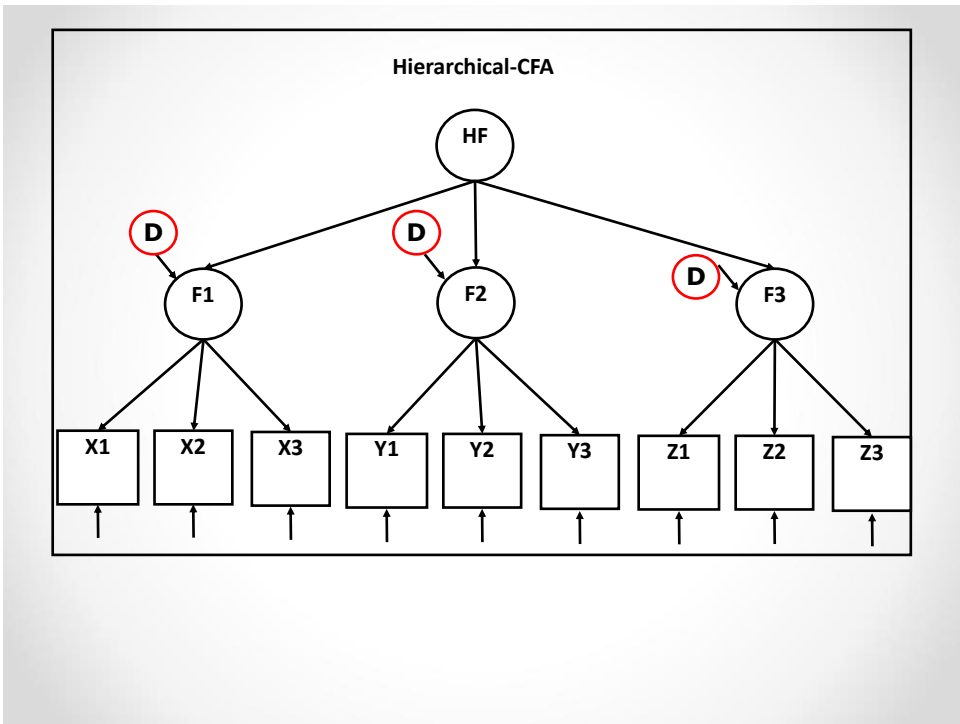
74



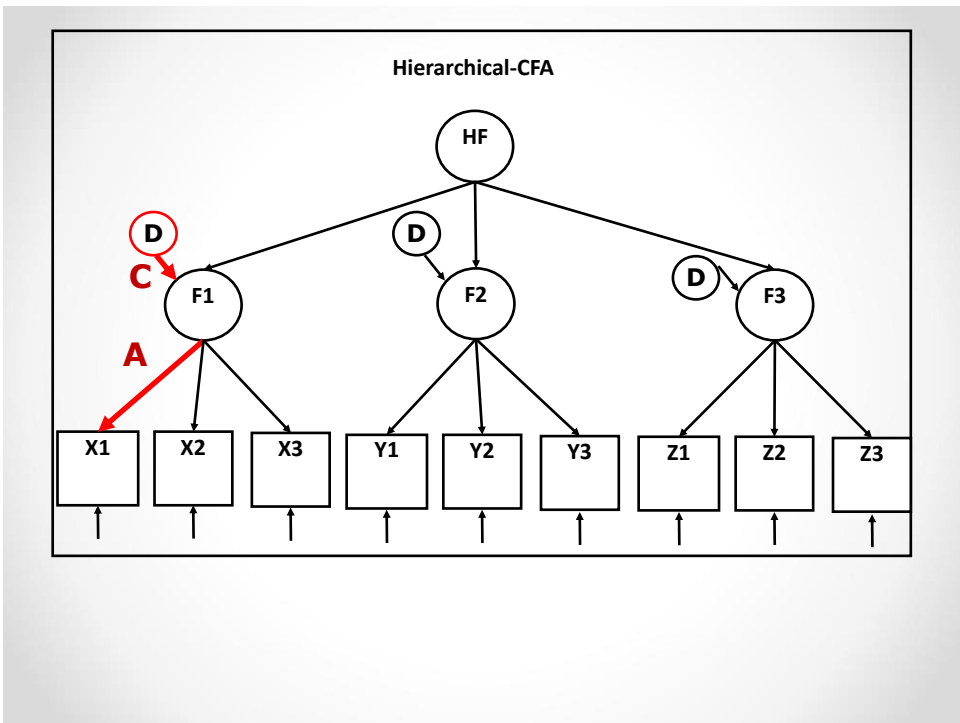
75



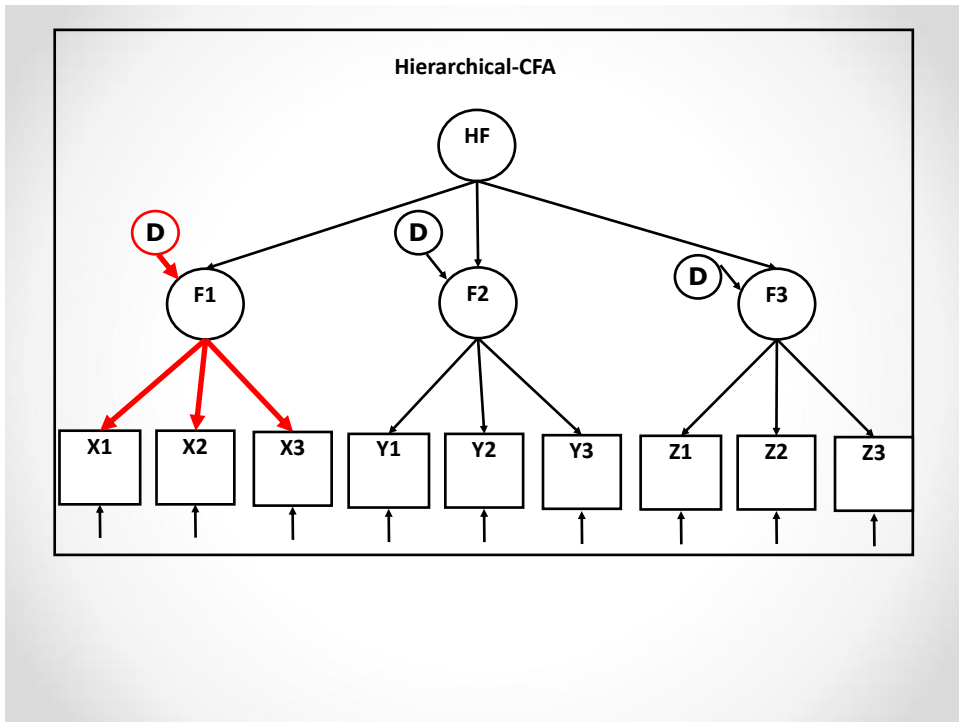
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## Proportionality Constraint

The ratio of global ( $A*B$ ) to specific ( $A*C$ ) variance will be the same for all items associated with the same first order factor:

$$AB/AC = B/C$$

Lets say that A (loading of item 1 on Factor 1) is 2, B is also 2, and C is 3.

$$2 * 2 / 2 * 3 = 4 / 6 = .6667 \text{ (67\%)}$$

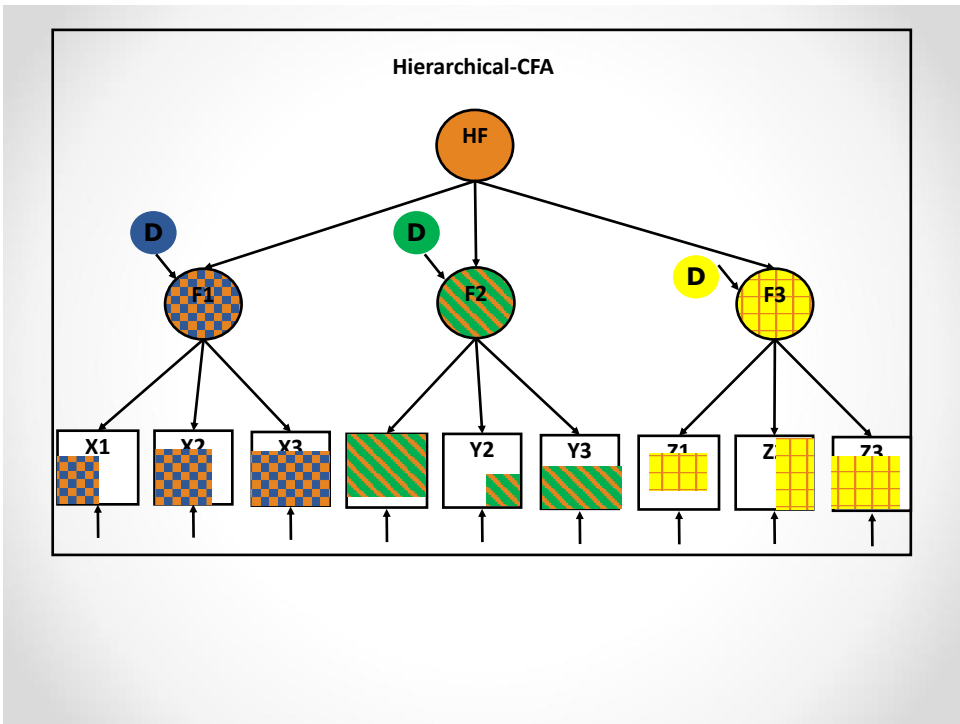
Now lets say that A is 3 for item 2, and 1.5 for item 3.

$$3 * 2 / 3 * 3 = 6 / 9 = .6667 \text{ (67\%)}$$

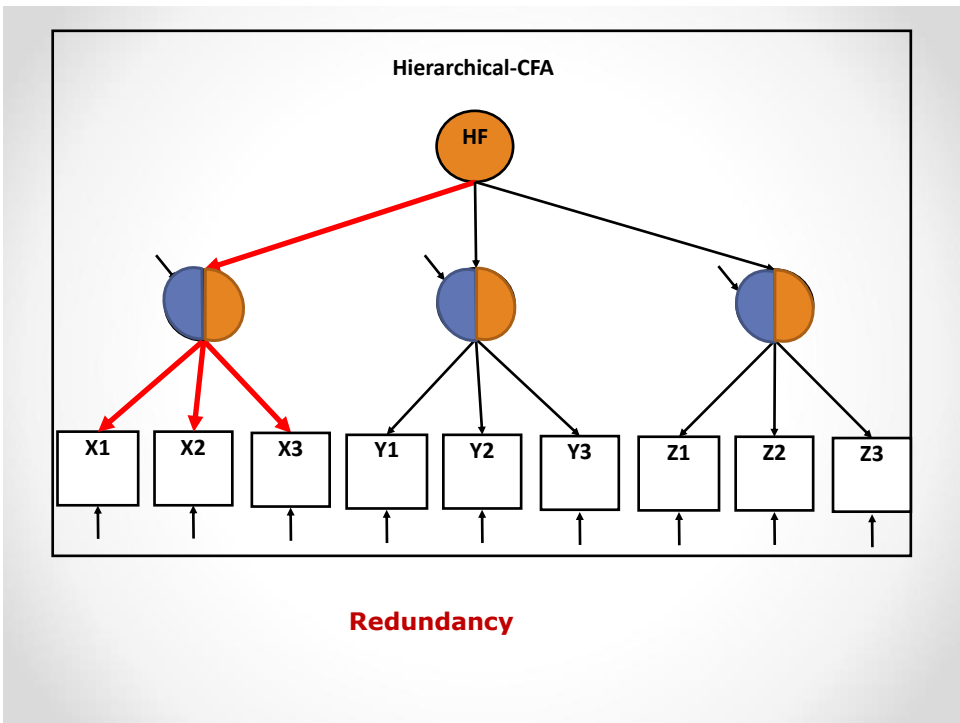
$$1.5 * 2 / 1.5 * 3 = 3 / 4.5 = .6667 \text{ (67\%)}$$

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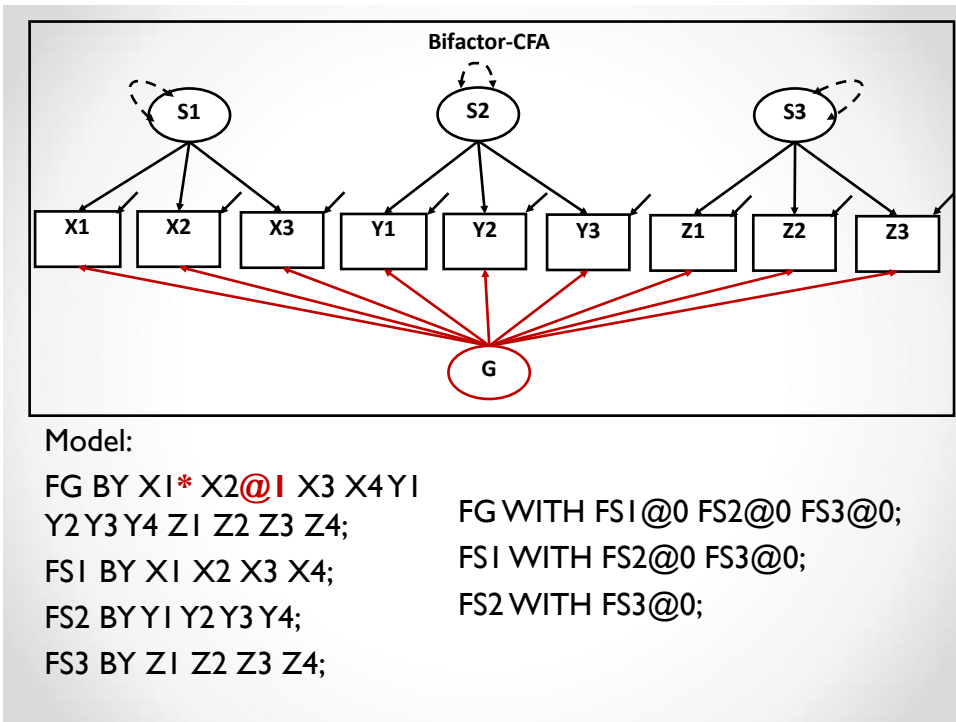




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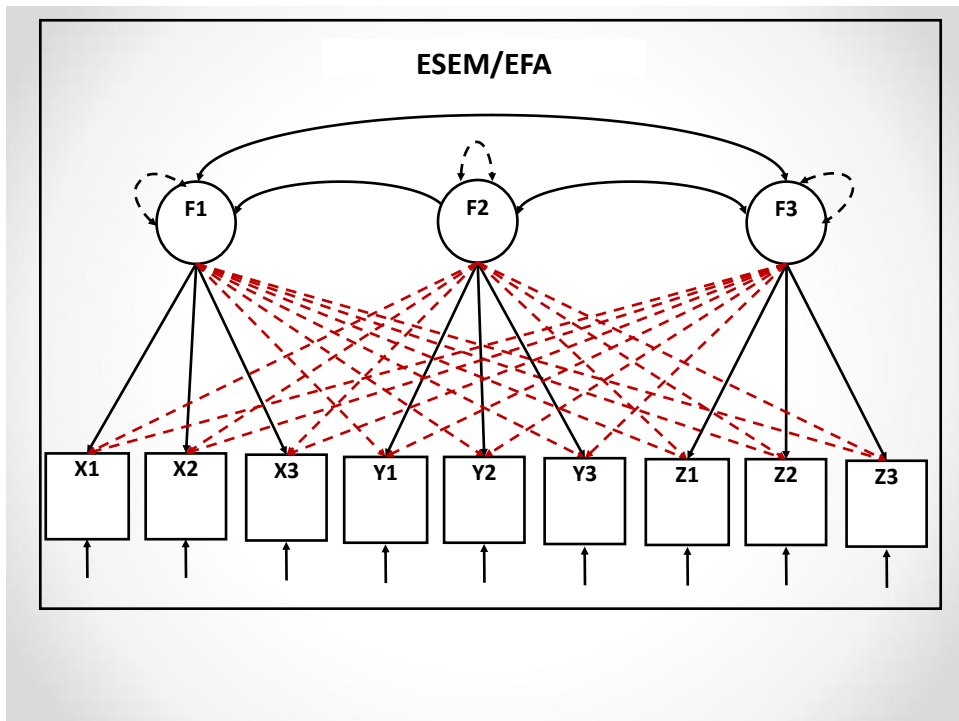
## Bifactor Models

Because of their orthogonality, bifactor models partition the total covariance among the items into a G component underlying all items, and  $f$ -I S components explaining the residual covariance not explained by the G-factor.

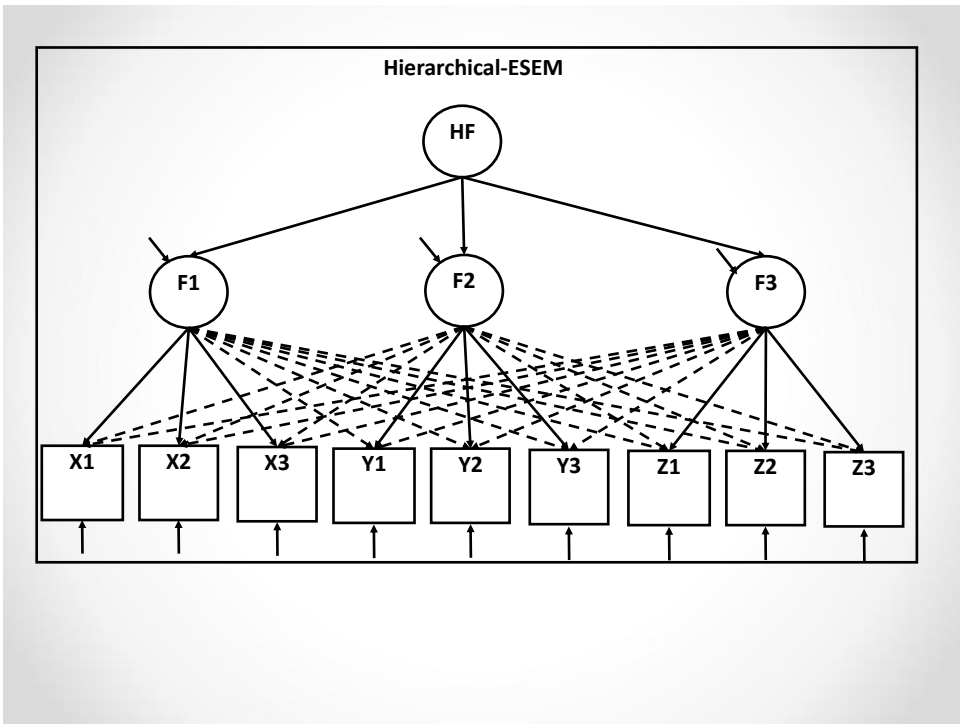
84

# Conceptually-Related Constructs

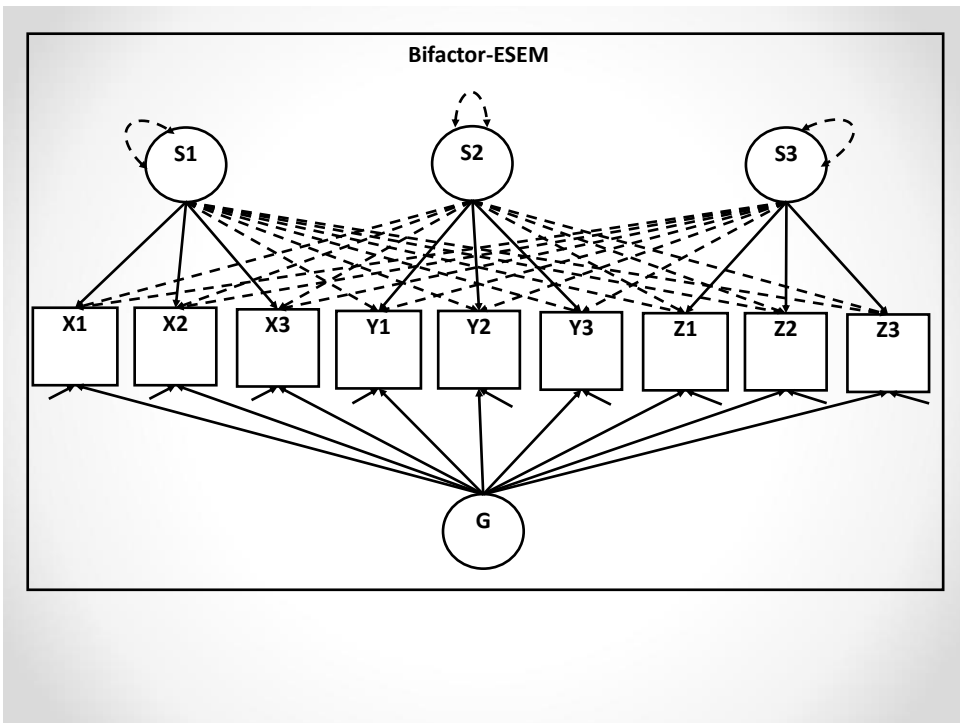
85



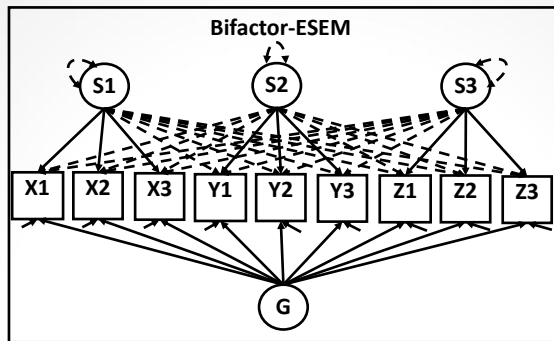
86



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Analysis:

ESTIMATOR = ML;

ROTATION = TARGET (orthogonal);

Model:

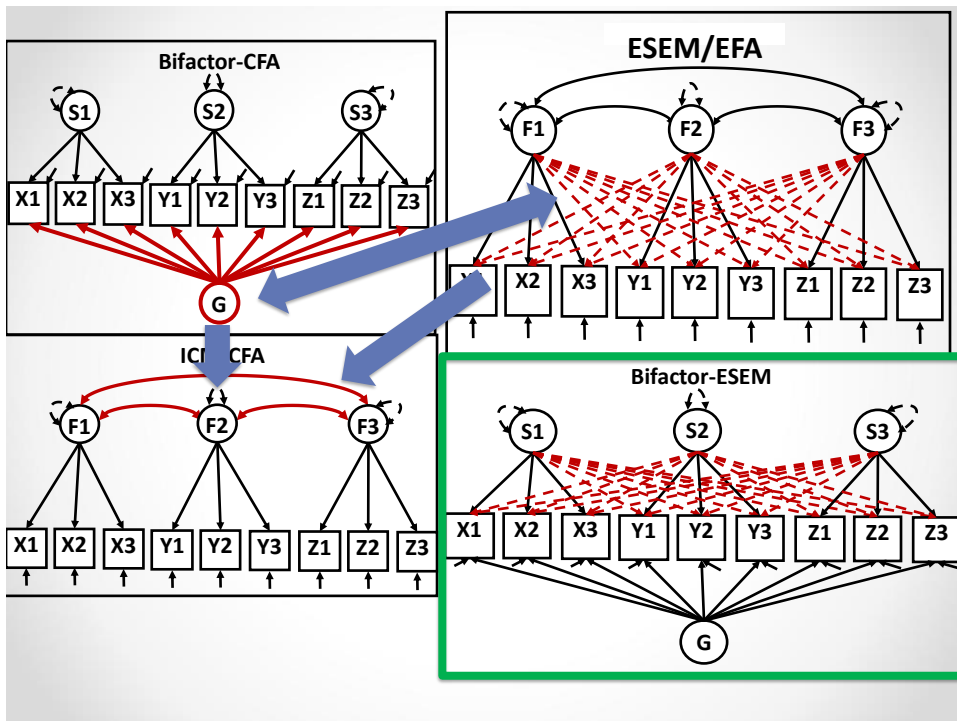
FG BY X1 X2 X3 X4 Y1 Y2 Y3 Y4 Z1 Z2 Z3 Z4 (\*1);

FS1 BY X1 X2 X3 X4 Y1~0 Y2~0 Y3~0 Y4~0 Z1~0 Z2~0 Z3~0 Z4~0 (\*1);

FS2 BY Y1 Y2 Y3 Y4 X1~0 X2~0 X3~0 X4~0 Z1~0 Z2~0 Z3~0 Z4~0 (\*1);

FS3 BY Z1 Z2 Z3 Z4 X1~0 X2~0 X3~0 X4~0 Y1~0 Y2~0 Y3~0 Y4~0 (\*1);

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# Application of the framework:

## 1. CFA versus ESEM:

1. Goodness of fit.
2. Main loadings: Well-defined factors ?
3. Cross-loadings: Small enough? Larger ones suggestive of the presence of an underlying global factor ?
4. Factor correlations: Substantially reduced with ESEM?

## 2. CFA versus Bifactor-CFA:

1. Goodness of fit.
2. Well-defined G-factor? S-factors?

## 3. Bifactor-ESEM:

1. Goodness of fit.
2. Main loadings: Well-defined G-factor ? S-factor?
3. Cross-loadings: Reduced when compared to ESEM?

## 4. All S-factors do not have to be well-defined.

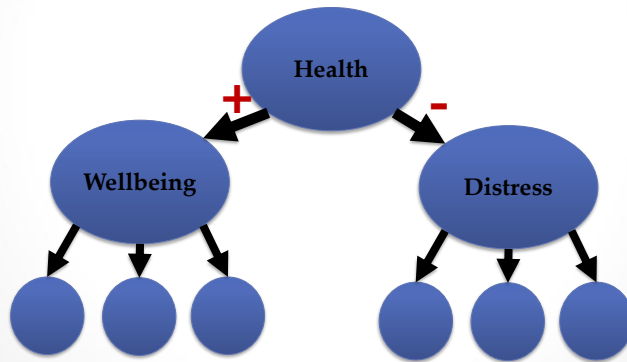
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## Psychological Health

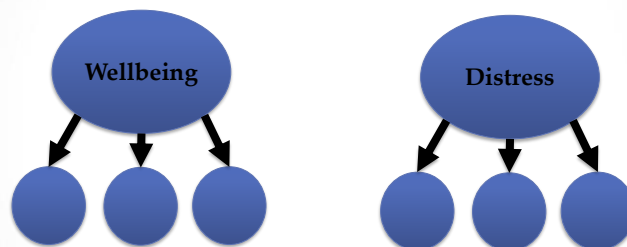
Morin, A.J.S., Boudrias, J.-S., Marsh, H.W., Madore, I., & Desrumaux, P. (2016). Further reflections on disentangling shape and level effects in person-centered analyses: An illustration aimed at exploring the dimensionality of psychological health. *Structural Equation Modeling*, 23, 438-454.

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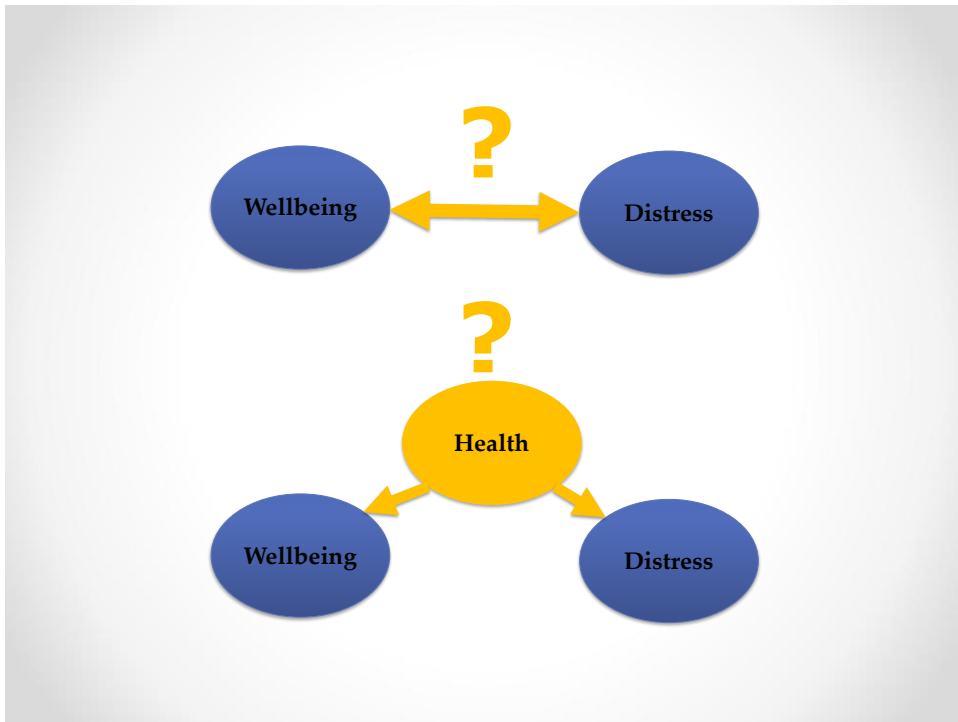
The World Health Organization (2014) defines psychological health as a state characterized not only by the absence of psychological distress, but also by the presence of psychological wellbeing.



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	Harmony ( $\lambda$ )	Serenity ( $\lambda$ )	Involvement ( $\lambda$ )	Irritability ( $\lambda$ )	Anx./Dep. ( $\lambda$ )	Distance ( $\lambda$ )	G-Factor ( $\lambda$ )
D1	.118**	-.060*	.067**	<b>.585**</b>	-.114**	.042	<b>-.598**</b>
D8	<b>-.416**</b>	.222**	.262**	<b>.354**</b>	.059	.047	<b>-.506**</b>
D12	<b>-.328**</b>	.179**	.127**	<b>.410**</b>	.066	-.025	<b>-.543**</b>
D5	.099**	-.019	.131**	<b>.493**</b>	-.046	-.029	<b>-.694**</b>
D22	-.131**	.089**	-.038	<b>.309**</b>	<b>.304**</b>	.110*	<b>-.613**</b>
D15	.166**	-.121**	-.033	<b>.412**</b>	.075*	.032	<b>-.722**</b>
D2	-.138**	.115**	.144**	<b>.141**</b>	.109**	.082**	<b>-.680**</b>
D14	.226**	-.123**	.135**	.011	<b>.256**</b>	-.003	<b>-.810**</b>
D13	.138**	-.086**	.028	-.046	<b>.324**</b>	-.177**	<b>-.689**</b>
D20	.022	-.056**	.126**	.032	<b>.178**</b>	-.019	<b>-.858**</b>
D16	.081**	-.022	.119**	-.018	<b>.174**</b>	.095**	<b>-.879**</b>
D4	.131**	-.065**	.017	.089**	<b>.058</b>	-.023	<b>-.783**</b>
D21	.202**	-.211**	.132**	.097**	<b>.239**</b>	.125**	<b>-.706**</b>
D10	.039	.085**	.169**	-.081**	<b>.075</b>	.140**	<b>-.890**</b>
D23	.089**	-.088**	-.027	.247**	<b>.382**</b>	.145**	<b>-.669**</b>
D11	-.222**	.130**	.219**	-.029	<b>.292**</b>	.032	<b>-.761**</b>
D19	<b>.055**</b>	<b>.205**</b>	-.241**	.063**	.054*	<b>.383**</b>	<b>-.744**</b>
D9	.051*	.104**	-.006	-.032	.011	<b>.359**</b>	<b>-.792**</b>
D7	.004	.168**	.092**	.084**	.004	<b>.248**</b>	<b>-.803**</b>
D18	-.011	.180**	-.076**	.008	.152**	<b>.179**</b>	<b>-.738**</b>
D17	.072**	.128**	-.266**	.066*	<b>.301**</b>	<b>.045</b>	<b>-.745**</b>
D6	.085**	.121**	-.039	.110**	.062**	<b>.308**</b>	<b>-.748**</b>
D3	.121**	.145**	-.137**	.017	-.109**	<b>.241**</b>	<b>-.736**</b>

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	Harmony ( $\lambda$ )	Serenity ( $\lambda$ )	Involvement ( $\lambda$ )	Irritability ( $\lambda$ )	Anx./Dep. ( $\lambda$ )	Distance ( $\lambda$ )	G-Factor ( $\lambda$ )
W11	.495**	.142**	.159**	-.181**	.025	.024	.371**
W18	.665**	.075**	-.138**	-.218**	.055*	.060*	.388**
W9	.338**	.170**	.090**	.033	.142**	-.020	.628**
W10	.313**	.286**	.107**	.005	.176**	.121**	.587**
W5	.442**	.041	.066**	.083**	.072*	-.027	.607**
W12	.273**	.246**	.404**	-.051	-.099*	.076	.293**
W21	.326**	.141**	.084**	.134**	-.024	.016	.358**
W23	.021	.464**	.007	.089**	-.038	.074**	.605**
W24	-.027	.394**	.196**	.041	.16**	.347**	.629**
W22	.043*	.483**	.028	.102**	.020	.230**	.685**
W25	.017	.430**	.105**	.129**	.145**	.251**	.743**
W17	.082**	.431**	.189**	-.059*	.072*	.173**	.518**
W4	.089**	.369**	.107**	.091**	.078**	.148**	.672**
W15	.185**	.670**	-.064**	.059*	-.201**	-.207**	.443**
W16	.076**	.486**	-.016	-.241**	.076*	.059	.346**
W7	.154**	.596**	.030	.031	-.318**	-.134**	.357**
W19	.093**	.542**	-.155**	-.018	-.012	-.115**	.318**
W3	.049*	-.011	.690**	.128**	-.043	.144**	.402**
W14	.079**	.084**	.499**	.105**	.229**	-.315**	.592**
W20	.009	.131**	.381**	.121**	.264**	-.409**	.638**
W6	.202**	.033	.611**	-.010	-.043	.047	.456**
W2	.036	.079**	.495**	.128**	.054*	.086**	.552**

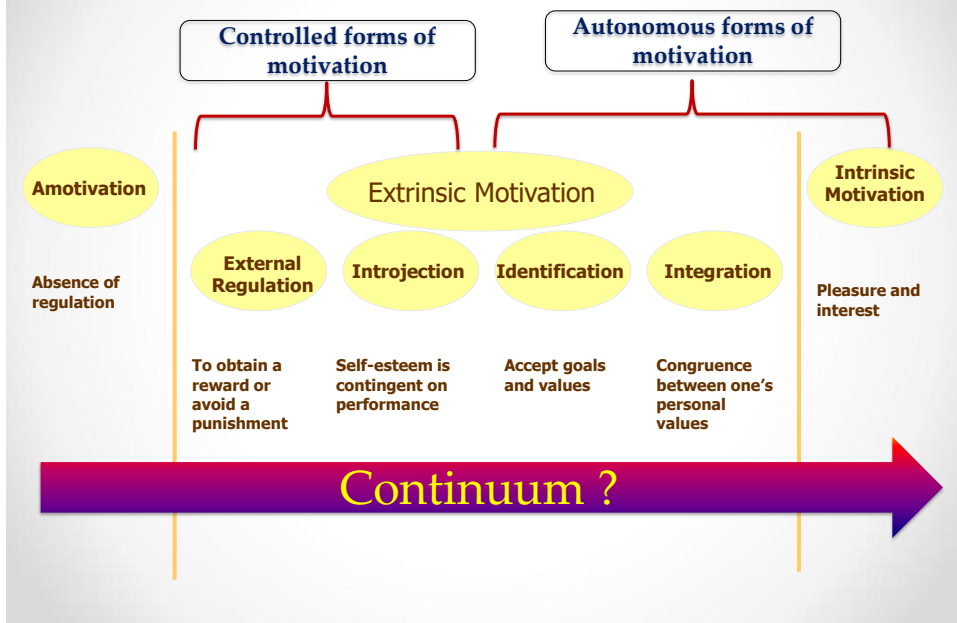
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## Self-Determination Theory

Howard, J., Gagné, M., Morin, A.J.S., Wang, Z.N., & Forest, J. (2018). Using bifactor exploratory structural equation modeling to test for a continuum structure of motivation. *Journal of Management*, 44 (7), 2638-2664.

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# Types of Motivation

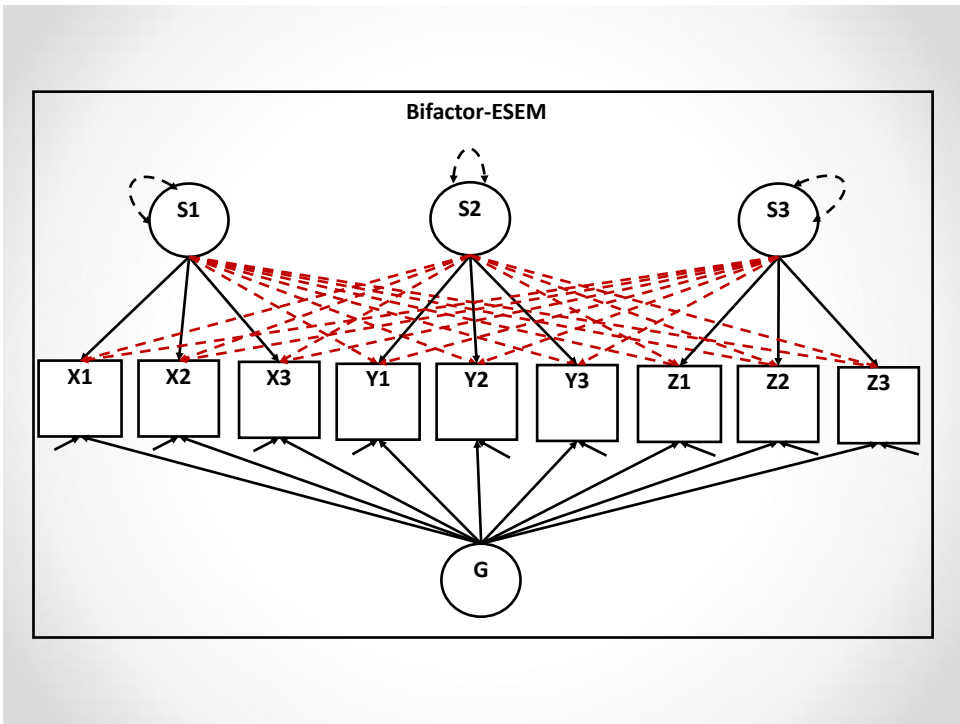


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## A Continuum of Relative Autonomy ?

- CFA correlations: Inconclusive.
- Rasch analyses based on higher-order logic: No continuum (Chemolli, & Gagné, 2014), but still based on CFA-like correlations.
- ESEM factor correlations: Satisfactory support for the continuum (Guay, Morin et al., 2015; Litalien, Guay & Morin, 2015).

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Items	G-Factor	S-Factor 1	S-Factor 2	S-Factor 3	S-Factor 4	S-Factor 5	S-Factor 6
<b>1. Intrinsic</b>							
Item 1	0.73	0.41	-0.01	-0.05	-0.07	-0.05	-0.04
Item 2	0.71	0.54	0.02	-0.01	-0.02	-0.03	-0.05
Item 3	0.75	0.48	0.04	-0.09	-0.03	-0.17	-0.05
<b>2. Identified</b>							
Item 1	0.56	0.04	0.27	0.31	-0.02	0.02	-0.10
Item 2	0.79	0.04	0.26	-0.10	-0.04	<0.01	0.05
Item 3	0.73	0.01	0.34	0.01	-0.04	-0.01	0.05
<b>3. Introjected</b>							
Item 1	0.33	-0.03	0.03	0.38	0.28	0.10	0.03
Item 2	0.61	-0.02	0.08	0.33	0.06	0.04	-0.05
Item 3	0.28	-0.05	0.06	0.55	0.18	0.12	0.09
Item 4	0.26	-0.05	-0.02	0.55	0.05	0.03	<0.01
<b>4. Ext-social</b>							
Item 1	0.21	-0.03	-0.09	0.08	0.61	0.22	0.09
Item 2	0.18	-0.05	-0.01	0.13	0.59	0.17	0.09
Item 3	0.02	-0.03	0.06	0.21	0.59	0.25	0.07
<b>5. Ext-material</b>							
Item 1	0.25	-0.13	-0.32	-0.07	0.06	0.78	0.11
Item 2	0.18	-0.03	0.09	0.13	0.33	0.47	0.11
Item 3	-0.07	0.07	0.35	0.22	0.32	0.59	<0.01
<b>6. Amotivation</b>							
Item 1	-0.35	-0.05	-0.04	0.01	0.07	0.08	0.62
Item 2	-0.30	<0.01	0.03	<0.01	0.04	0.09	0.59
Item 3	-0.31	-0.06	0.02	0.06	0.12	0.06	0.62

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**Relations With Covariates: Standardized Coefficients**

Covariates	Quantity Only		Quantity and Quality						G-Factor	R <sup>2</sup>
	G-Factor	R <sup>2</sup>	Amotivation	External Material	External Social	Introjection	Identified	Intrinsic		
Affective Commitment	.61 (< .01)	.38	-.11 (.01)	-.12 (< .01)	.10 (.02)	-.14 (.03)	.20 (.04)	.17 (.02)	.55 (< .01)	.42
Continuance Commitment	-.02 (.64)	.00	.15 (.01)	-.02 (.63)	.23 (< .01)	.09 (.33)	.24 (.08)	-.09 (.37)	-.02 (.80)	.14
Autonomy	.39 (< .01)	.15	-.21 (< .01)	-.01 (.93)	-.06 (.21)	-.14 (.02)	-.15 (.04)	.16 (< .01)	.38 (< .01)	.26
Competence	.09 (.03)	.01	-.07 (.21)	-.10 (.06)	-.09 (.14)	.06 (.43)	-.11 (.18)	.02 (.76)	.12 (.01)	.05
Relatedness	.39 (< .01)	.15	-.19 (< .01)	.01 (.83)	-.04 (.51)	-.14 (.02)	-.15 (.04)	.17 (< .01)	.37 (< .01)	.25

Note: Probability (*p*) values are shown in parentheses. G-factor = global factor representing the global quantity of self-determined motivation.

Litalien, D., Morin, A.J.S., Gagné, M., Vallerand, R.J., Losier, G., Ryan, R.M. (2017). Evidence of a continuum structure of academic self-determination: A two-study test using a Bifactor-ESEM representation of academic motivation. *Contemporary Educational Psychology, 51*, 67-82

FACTOR LOADING

$\lambda$  (SE)

G-Factor	S-Factor 1	S-Factor 2	S-Factor 3	S-Factor 4	S-Factor 5	S-Factor 6	S-Factor 7
.609(.041)**	.427(.076)**	.115(.031)**	.004(.043)	.026(.058)	-.055(.044)	-.076(.041)	-.122(.037)**
.713(.038)**	.418(.062)**	.146(.033)**	.127(.054)*	-.015(.044)	-.027(.033)	-.169(.038)**	.066(.028)*
.725(.032)**	.235(.075)**	.057(.036)	-.051(.077)	-.055(.057)	-.118(.040)**	-.063(.035)	-.046(.043)
.713(.036)**	.267(.082)**	.004(.037)	-.119(.054)*	.074(.067)	-.099(.041)*	-.076(.038)*	-.064(.036)
.549(.046)**	.138(.061)*	.256(.054)**	<b>.189(.061)**</b>	.049(.068)	-.023(.046)	-.099(.043)*	.126(.034)**
.480(.043)**	.118(.038)**	.681(.042)**	.013(.043)	.013(.038)	.033(.028)	-.067(.029)*	.107(.026)**
.471(.047)**	-.014(.038)	.700(.045)**	-.009(.053)	-.083(.036)*	-.037(.029)	-.084(.028)**	.174(.028)**
.644(.037)**	.043(.051)	.448(.049)**	-.049(.050)	-.089(.048)	-.025(.033)	-.117(.039)**	.134(.031)**
.620(.044)**	.078(.055)	.118(.046)*	.261(.117)*	-.082(.060)	.048(.038)	-.158(.038)**	-.032(.033)
.739(.037)**	-.024(.051)	-.032(.041)	.237(.116)*	-.143(.052)**	.168(.041)**	-.013(.031)	.004(.031)
.739(.035)**	-.016(.049)	.118(.039)**	.150(.116)	-.114(.043)**	.032(.042)	-.104(.031)**	.116(.031)**
.828(.020)**	.065(.047)	-.023(.033)	-.025(.124)	-.110(.054)*	-.005(.039)	-.062(.029)*	.004(.032)
.462(.049)**	.134(.052)*	-.055(.031)	.016(.077)	.516(.077)**	.008(.036)	.147(.043)**	-.224(.041)**
.376(.049)**	.000(.049)	-.064(.034)	.001(.055)	.457(.109)**	.035(.044)	.361(.063)**	-.180(.046)**
.492(.047)**	-.082(.064)	-.020(.040)	-.048(.077)	.305(.118)*	-.011(.048)	.262(.058)**	-.120(.053)*
.493(.054)**	-.082(.059)	-.032(.042)	-.161(.068)*	.397(.087)**	-.001(.047)	.186(.048)**	-.150(.041)**
.382(.047)**	.061(.057)	.037(.039)	<b>.151(.053)**</b>	-.052(.048)	<b>.647(.059)**</b>	.134(.037)**	.002(.037)
.512(.057)**	-.125(.075)	.028(.050)	<b>.277(.067)**</b>	.114(.070)	.332(.067)**	.154(.043)**	.060(.039)
.580(.040)**	-.139(.047)**	-.011(.035)	-.006(.085)	.052(.050)	.517(.049)**	.090(.042)*	.102(.036)**
.599(.046)**	-.023(.061)	-.072(.033)	-.195(.089)	-.023(.060)	<b>.663(.087)**</b>	.076(.033)*	.013(.031)
.131(.057)*	.140(.062)*	.021(.042)	.043(.076)	.163(.051)**	.092(.042)*	<b>.709(.039)**</b>	.026(.038)
.327(.058)**	.030(.051)	-.124(.030)**	-.001(.045)	.170(.064)**	.072(.033)*	<b>.742(.040)**</b>	<b>-.080(.031)*</b>
.377(.055)**	-.176(.056)**	-.090(.033)**	-.034(.056)	.125(.056)*	.086(.038)*	<b>.633(.045)**</b>	.013(.035)
.331(.061)**	-.211(.052)**	-.068(.042)	-.095(.060)	.106(.056)	.087(.042)*	<b>.703(.053)**</b>	-.091(.032)
-.400(.048)**	-.106(.048)*	.028(.031)	-.058(.062)	-.159(.050)**	.031(.031)	-.025(.037)	<b>.659(.039)**</b>
-.310(.051)**	.067(.049)	.128(.032)**	.072(.078)	.019(.058)	.073(.034)*	-.004(.038)	<b>.666(.040)**</b>
-.381(.049)**	-.027(.032)	.179(.030)**	-.016(.038)	-.150(.044)**	.014(.024)	-.077(.028)**	<b>.732(.035)**</b>
-.403(.046)**	-.010(.035)	.068(.025)**	.015(.042)	-.120(.042)**	.005(.027)	-.028(.030)	<b>.775(.034)**</b>

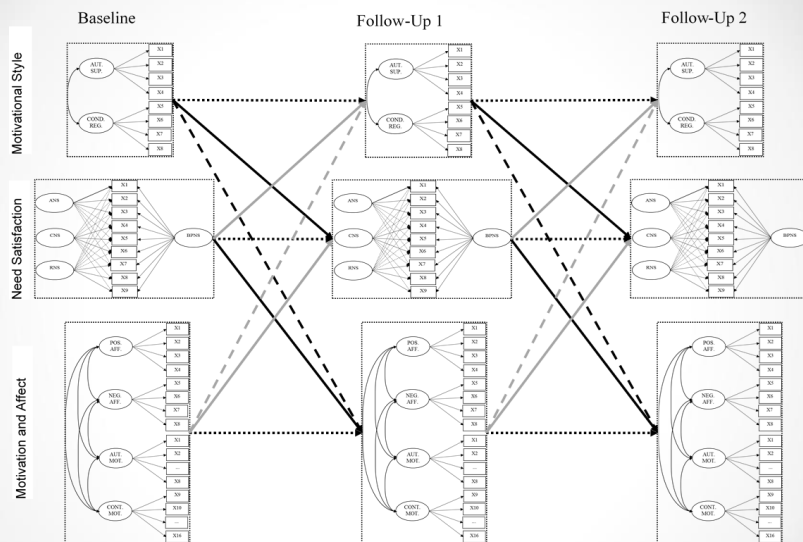
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	G-factor only		Global and specific factors							R <sup>2</sup>	
	$\beta$ (SE)	R <sup>2</sup>	G-factor $\beta$ (SE)	Int. Know. $\beta$ (SE)	Int. Stim. $\beta$ (SE)	Int. Acc. $\beta$ (SE)	Identified $\beta$ (SE)	Introjected $\beta$ (SE)	External $\beta$ (SE)		Amotivation $\beta$ (SE)
<i>Study 1: Outcomes</i>											
Vitality	0.225 (0.048) <sup>†</sup>	0.051	0.213 (0.053) <sup>†</sup>	0.119 (0.074)	0.095 (0.058)	-.055 (0.068)	0.084 (0.065)	-.099 (0.057)	-.166 (0.053) <sup>†</sup>	-.132 (0.049) <sup>†</sup>	0.133
Ill-being	-.124 (0.047) <sup>†</sup>	0.015	-.108 (0.051) <sup>†</sup>	-.137 (0.058) <sup>†</sup>	0.035 (0.051)	0.041 (0.073)	-.131 (0.068)	0.112 (0.048) <sup>†</sup>	0.150 (0.043) <sup>†</sup>	0.353 (0.044) <sup>†</sup>	0.210
<i>Study 2: Outcomes</i>											
Academic Ach.	0.097 (0.051)	0.009	0.081 (0.051)	-.017 (0.057)	0.112 (0.054) <sup>†</sup>	0.112 (0.059)	-.064 (0.049)	-.145 (0.048) <sup>†</sup>	-.126 (0.048) <sup>†</sup>	-.169 (0.049) <sup>†</sup>	0.102
Dropout Intent.	-.0312 (0.057) <sup>†</sup>	0.097	-.0190 (0.066) <sup>†</sup>	-.071 (0.070)	-.064 (0.070)	-.116 (0.101)	-.167 (0.046) <sup>†</sup>	0.058 (0.042)	-.067 (0.037)	0.634 (0.045) <sup>†</sup>	0.497
Satisfaction	0.412 (0.046) <sup>†</sup>	0.170	0.285 (0.059) <sup>†</sup>	0.147 (0.072) <sup>†</sup>	0.075 (0.066)	0.178 (0.099)	0.178 (0.051) <sup>†</sup>	-.048 (0.044)	0.002 (0.046)	-.0441 (0.039) <sup>†</sup>	0.369
<i>Study 2: Predictors</i>											
SN Competence	0.082 (0.055)	-	0.070 (0.070)	-.012 (0.100)	-.069 (0.097)	0.278 (0.088) <sup>†</sup>	-.111 (0.070)	-.178 (0.059) <sup>†</sup>	0.224 (0.066) <sup>†</sup>	-.0334 (0.063)	-
SN Autonomy	0.379 (0.054) <sup>†</sup>	-	0.388 (0.064) <sup>†</sup>	0.000 (0.110)	-.012 (0.118)	-.0231 (0.101) <sup>†</sup>	0.160 (0.075) <sup>†</sup>	-.073 (0.069)	-.073 (0.077) <sup>†</sup>	-.0234 (0.078) <sup>†</sup>	-
SN Relatedness	0.024 (0.053)	-	0.020 (0.055)	-.016 (0.078)	-.049 (0.084)	0.087 (0.076)	0.082 (0.066)	0.069 (0.063)	0.069 (0.066)	0.067 (0.050)	-
R <sup>2</sup> in Mot. from the Predictors	0.199	-	0.197	0.001	0.012	0.061	0.034	0.040	0.043	0.215	-

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Garn, A.C., Morin, A.J.S., & Lonsdale, C. (2019). Basic psychological need satisfaction toward learning: A longitudinal test of mediation using bifactor exploratory structural equation modeling. *Journal of Educational Psychology, 111*, 354-372

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# Setting the Scale

Referent Indicator:

FI BY X1@1 X2 X3;

FI\*;

[X1@0 X2 X3];

[FI\*];

Standardized Factors (the only one available in ESEM):

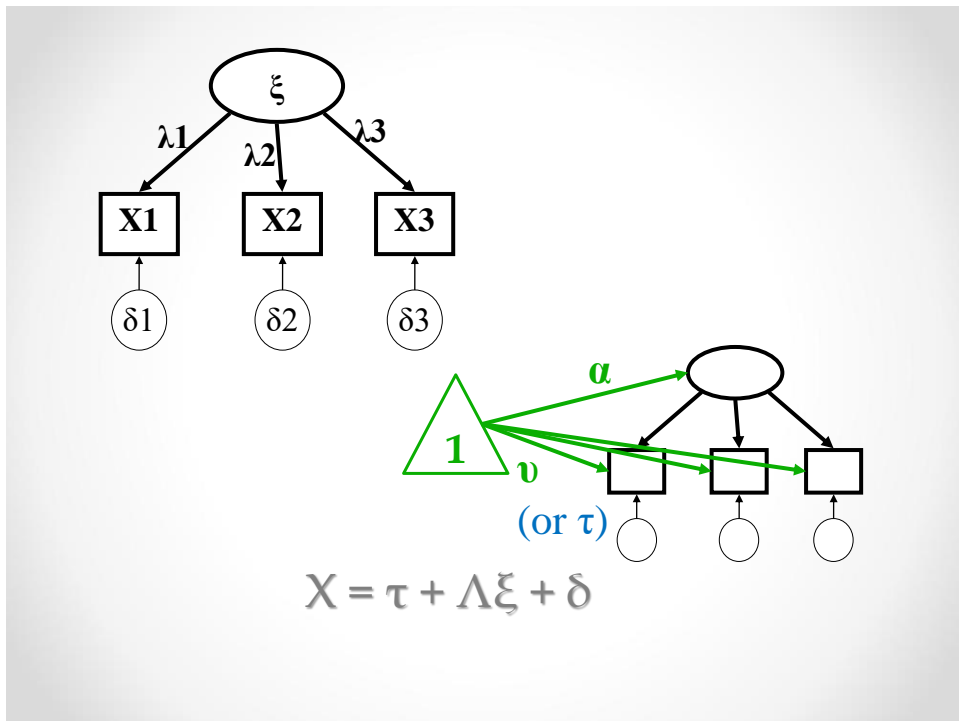
FI BY X1\* X2 X3;

FI@1;

[X\* X2 X3];

[FI@0];

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# Measurement Invariance

Measurement invariance addresses the key question of whether the latent constructs have the same meaning across samples (multi-group invariance), situations (longitudinal invariance), or even testing procedure (e.g., online versus paper, which is a form of multi-group invariance).

Non-invariance indicates that the constructs are not comparable, and thus that means, or relations among constructs, cannot be compared across samples, situations, etc.

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Type	Meaning
<b>Configural Invariance</b>	<ul style="list-style-type: none"><li>• The same <b>model</b> (including the same number of factors, the same type of relations among factors, and the same item-factor correspondence) is consistent with the data across samples .</li><li>• Lack of invariance precludes any form of comparisons across samples.</li></ul>
<b>Weak (metric, pattern) Invariance</b>	<ul style="list-style-type: none"><li>• The same <b>factor loadings</b> reflect the item-factor relations across samples.</li><li>• The constructs have the same meaning, are manifested in the same way, across samples.</li><li>• This form of invariance is a <u>prerequisite to the comparison of latent variances, latent covariances, or latent relations across groups.</u></li><li>• A lack of invariance indicates that the instrument does not measure the same construct across groups, precluding any other form of comparison.</li></ul>

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Type	Meaning
<b>Strong (scalar) Invariance</b>	<ul style="list-style-type: none"> <li>• The factor loadings and <b>item intercepts</b> are the same across groups.</li> <li>• This form of invariance is a <u>prerequisite to the comparison of latent means across groups</u>.</li> <li>• Lack of invariance shows that the different groups use the items' response scale differently, that the groups can score higher or lower on the various indicators irrespective of group differences occurring at the latent factor level.</li> </ul>
<b>Strict Invariance</b>	<ul style="list-style-type: none"> <li>• The factor loadings, item intercepts, and <b>item uniquenesses</b> are the same across groups.</li> <li>• This form of invariance is a <u>prerequisite to any form of comparison based on manifest scores across groups</u>.</li> <li>• Lack of invariance shows that the constructs are assessed with different levels of reliability (measurement error across groups).</li> </ul>

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Type	Meaning
<b>Latent Variance &amp; Covariance Invariance</b>	<ul style="list-style-type: none"> <li>• Test whether the variances and covariances between the constructs are equivalent across groups.</li> </ul>
<b>Latent Means Invariance</b>	<ul style="list-style-type: none"> <li>• Test for the presence of latent mean differences(or lack thereof) across subgroups.</li> </ul>

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## Remember:

### ANALYSIS:

TYPE = general; ESTIMATOR = MLR;  
ROTATION = Geomin (.5);

### MODEL:

F1-F2 BY q1 q2 q3 q4 q5 q6 q7 q8 (\*1);

### ANALYSIS:

TYPE = general; ESTIMATOR = MLR;  
ROTATION = Target (Oblique);

### MODEL:

POSF BY q1 q2 q3 q4 q8 q5~0 q6~0 q7~0 (\*1);  
NEGF BY q5 q6 q7 q1~0 q2~0 q3~0 q4~0 q8~0 (\*1);

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## Remember:

### ANALYSIS:

TYPE = general; ESTIMATOR = MLR;  
ROTATION = Geomin (.5);

### MODEL:

F1-F2 BY q1 q2 q3 q4 q5 q6 q7 q8 (\*1);

### ANALYSIS:

TYPE = general; ESTIMATOR = MLR;  
ROTATION = Target (Oblique);

### MODEL:

POSF BY q1 q2 q3 q4 q8 q5~0 q6~0 q7~0 (\*1);  
NEGF BY q5 q6 q7 q1~0 q2~0 q3~0 q4~0 q8~0 (\*1);

These two blocks are treated interchangeably, and specified in the same manner throughout.

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**MODEL:**

POSF BY q1 q2 q3 q4 q8 q5~0 q6~0 q7~0 (\*1);  
 NEGF BY q5 q6 q7 q1~0 q2~0 q3~0 q4~0 q8~0 (\*1);  
 POSF@1; NEGF@1;  
 q1-q8;  
 [q1-q8];  
 [POSF@0];  
 [NEGF@0];

Variations are fixed to 1 by default.

With older versions of Mplus, ESEM does not work when variances specification are given in the general section.

**MODEL FEM:**

POSF BY q1 q2 q3 q4 q8 q5~0 q6~0 q7~0 (\*1);  
 NEGF BY q5 q6 q7 q1~0 q2~0 q3~0 q4~0 q8~0 (\*1);  
 POSF@1; NEGF@1;  
 q1-q8;  
 [q1-q8];  
 [POSF@0];  
 [NEGF@0];

**MODEL:**

POSF BY q1 q2 q3 q4 q8 q5~0 q6~0 q7~0 (\*1);  
 NEGF BY q5 q6 q7 q1~0 q2~0 q3~0 q4~0 q8~0 (\*1);  
 POSF@1; NEGF@1;  
 q1-q8;  
 [q1-q8];  
 [POSF@0];  
 [NEGF@0];

**WEAK**

**MODEL FEM:**

!!!!!  
 POSF\*; NEGF\*;  
 q1-q8;  
 [q1-q8];  
 [POSF@0];  
 [NEGF@0];

Loadings are invariant by default. There is no other way to test weak invariance than to simply take out the loadings from all subsequent groups.

MODEL:

POSF BY q1 q2 q3 q4 q8 q5~0 q6~0 q7~0 (\*1 1);

NEGF BY q5 q6 q7 q1~0 q2~0 q3~0 q4~0 q8~0 (\*1 1);

POSF@1; NEGF@1;

q1-q8;

[q1-q8] (i1-i8);

[POSF@0];

[NEGF@0];

**STRONG**

MODEL FEM:

POSF\*; NEGF\*;

q1-q8;

[q1-q8] (i1-i8);

[POSF\*];

[NEGF\*];

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MODEL:

POSF BY q1 q2 q3 q4 q8 q5~0 q6~0 q7~0 (\*1 1);

NEGF BY q5 q6 q7 q1~0 q2~0 q3~0 q4~0 q8~0 (\*1 1);

POSF@1; NEGF@1;

q1-q8 (u1-u8);

[q1-q8] (i1-i8);

[POSF@0];

[NEGF@0];

**STRICT**

MODEL FEM:

POSF\*; NEGF\*;

q1-q8 (u1-u8);

[q1-q8] (i1-i8);

[POSF\*];

[NEGF\*];

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**MODEL:**

POSF BY q1 q2 q3 q4 q8 q5~0 q6~0 q7~0 (\*1 1);

NEGF BY q5 q6 q7 q1~0 q2~0 q3~0 q4~0 q8~0 (\*1 1);

POSF@1; NEGF@1;

POSF WITH NEGF (c1);

q1-q8 (u1-u8);

[q1-q8] (i1-i8);

[POSF@0];

[NEGF@0];

**Var  
Covar**

**MODEL FEM:**

POSF@1; NEGF@1;

POSF WITH NEGF (c1);

q1-q8 (u1-u8);

[q1-q8] (i1-i8);

[POSF\*];

[NEGF\*];

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**MODEL:**

POSF BY q1 q2 q3 q4 q8 q5~0 q6~0 q7~0 (\*1 1);

NEGF BY q5 q6 q7 q1~0 q2~0 q3~0 q4~0 q8~0 (\*1 1);

POSF@1; NEGF@1;

POSF WITH NEGF (c1);

q1-q8 (u1-u8);

[q1-q8] (i1-i8);

[POSF@0];

[NEGF@0];

**MEANS**

**MODEL FEM:**

POSF@1; NEGF@1;

POSF WITH NEGF (c1);

q1-q8 (u1-u8);

[q1-q8] (i1-i8);

[POSF@0];

[NEGF@0];

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## Special Considerations

### ESEM estimation (WLSMV)

Follow the guidelines provided for **ESEM** for the factor **loadings, variances, and covariances**.

However, different guidelines apply to the **thresholds, means, and uniquenesses**.

**For an example with syntax, see:**

Guay, F., Morin, A.J.S, Litalien, D., Valois, P., & Vallerand, R.J. (2015). Application of Exploratory Structural Equation Modeling to Evaluate the Academic Motivation Scale. *Journal of Experimental Education*, 83 (1), 51-82. DOI: 10.1080/00220973.2013.876231

And

**Morin (2023) in Hoyle's**

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## Special Considerations

### Bifactor-CFA and Bifactor-ESEM

Follow the guidelines provided for **CFA** for tests of invariance using **bifactor-CFA** models.

Follow the guidelines provided for **ESEM** for **Bifactor-ESEM** models. Because constraints are imposed on non-rotated parameters, equality constraints still need to be imposed on the covariance structure (factor correlations) even if the rotated solution is orthogonal (i.e., they are not @0, but rotated to 0).

**For examples of Bifactor-ESEM with syntax, see:**

**MLR:** Morin, A.J.S., Arens, A.K., & Marsh, H.W. (2016). A Bifactor Exploratory Structural Equation Modeling Framework for the Identification of Distinct Sources of Construct-Relevant Psychometric Multidimensionality. *Structural Equation Modeling*, 23, 116-139.

**WLSMV:** Morin, A.J.S., Arens, A.K., Tran, A., & Caci, H. (2016). Exploring Sources of Construct-Relevant Multidimensionality in Psychiatric Measurement: A Tutorial and Illustration using the Composite Scale of Morningness. *International Journal of Methods in Psychiatric Research*, 25, 277-288

And

**Morin (2023) in Hoyle's**

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### **ESEM and Bifactor-ESEM Multi-Group Invariance:**

We just created a new online tool to help generate Mplus syntax for tests of invariance across groups for exploratory structural equation models (ESEM), and bifactor-ESEM models using polytomous data (continuous with MLR estimation or ordinal with WLSMV estimation). The tool can be accessed at

[https://statstools.app/b\\_esem/](https://statstools.app/b_esem/)

Problems should be reported to : leondb@gmail.com

#### **Citation to use for this tool:**

De Beer, L.T., & Morin, A.J.S (2022). (B)ESEM invariance syntax generator for Mplus. Retrieved from [https://statstools.app/b\\_esem/](https://statstools.app/b_esem/) doi: 10.6084/m9.figshare.19360808

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## **Special Considerations**

### **Higher-Order Models: WLSMV or MLR**

- Start with a first-order measurement model, with no higher-order structure.
- Conduct all steps of invariance.
- Starting with the most invariant model, up to strict invariance only, add the higher-order factor structure.
- Test the invariance of the higher-order factor structure.

#### **For an example with syntax applied to WLSMV, see:**

Morin A.J.S., Moullec G., Maïano C., Layet, L., Just, J.-L., & Ninot G. (2011). Psychometric properties of the Center for Epidemiologic Studies Depression Scale (CES-D) in French Clinical and Non-Clinical Adults. *Epidemiology and Public Health/Revue d'Épidémiologie et de Santé Publique*, 59 (5), 327-340.

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# Longitudinal Invariance with ESEM

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FX_T1 BY X1_t1 X2_t1 X3_t1 Y1_t1~0 Y2_t1~0 Y3_t1~0 (*t1); FY_T1 BY Y1_t1 Y2_t1 Y3_t1 X1_t1~0 X2_t1~0 X3_t1~0 (*t1); [X1_t1 X2_t1 X3_t1]; [Y1_t1 Y2_t1 Y3_t1]; X1_t1 X2_t1 X3_t1; Y1_t1 Y2_t1 Y3_t1; FX_T1@1; FY_T1@1; [FX_T1@0]; [FY_T1@0];	FX_T2 BY X1_t2 X2_t2 X3_t2 Y1_t2~0 Y2_t2~0 Y3_t2~0 (*t2); FY_T2 BY Y1_t2 Y2_t2 Y3_t2 X1_t2~0 X2_t2~0 X3_t2~0 (*t2); [X1_t2 X2_t2 X3_t2]; [Y1_t2 Y2_t2 Y3_t2]; X1_t2 X2_t2 X3_t2; Y1_t2 Y2_t2 Y3_t2; FX_T2@1; FY_T2@1; [FX_T2@0]; [FY_T2@0];
--	--

X1_t1 X2_t1 X3_t1 pwith X1_t2 X2_t2 X3_t2;
--

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## Weak

FX_T1 BY X1_t1 X2_t1 X3_t1 Y1_t1~0 Y2_t1~0 Y3_t1~0 (*t1 1); FY_T1 BY Y1_t1 Y2_t1 Y3_t1 X1_t1~0 X2_t1~0 X3_t1~0 (*t1 1); [X1_t1 X2_t1 X3_t1]; [Y1_t1 Y2_t1 Y3_t1]; X1_t1 X2_t1 X3_t1; Y1_t1 Y2_t1 Y3_t1; FX_T1@1; FY_T1@1; [FX_T1@0]; [FY_T1@0];	FX_T2 BY X1_t2 X2_t2 X3_t2 Y1_t2~0 Y2_t2~0 Y3_t2~0 (*t2 1); FY_T2 BY Y1_t2 Y2_t2 Y3_t2 X1_t2~0 X2_t2~0 X3_t2~0 (*t2 1); [X1_t2 X2_t2 X3_t2]; [Y1_t2 Y2_t2 Y3_t2]; X1_t2 X2_t2 X3_t2; Y1_t2 Y2_t2 Y3_t2; <b>FX_T2*; FY_T2*;</b> [FX_T2@0]; [FY_T2@0];
--	---

X1\_t1 X2\_t1 X3\_t1 pwith X1\_t2 X2\_t2 X3\_t2;

## Strong

FX_T1 BY X1_t1 X2_t1 X3_t1 Y1_t1~0 Y2_t1~0 Y3_t1~0 (*t1 1); FY_T1 BY Y1_t1 Y2_t1 Y3_t1 X1_t1~0 X2_t1~0 X3_t1~0 (*t1 1); [X1_t1 X2_t1 X3_t1] (i1-i3); [Y1_t1 Y2_t1 Y3_t1] (i4-i6); X1_t1 X2_t1 X3_t1; Y1_t1 Y2_t1 Y3_t1; FX_T1@1; FY_T1@1; [FX_T1@0]; [FY_T1@0];	FX_T2 BY X1_t2 X2_t2 X3_t2 Y1_t2~0 Y2_t2~0 Y3_t2~0 (*t2 1); FY_T2 BY Y1_t2 Y2_t2 Y3_t2 X1_t2~0 X2_t2~0 X3_t2~0 (*t2 1); [X1_t2 X2_t2 X3_t2] (i1-i3); [Y1_t2 Y2_t2 Y3_t2] (i4-i6); X1_t2 X2_t2 X3_t2; Y1_t2 Y2_t2 Y3_t2; <b>FX_T2*; FY_T2*;</b> <b>[FX_T2*]; [FY_T2*];</b>
--	--

X1\_t1 X2\_t1 X3\_t1 pwith X1\_t2 X2\_t2 X3\_t2;

## Strict

FX_T1 BY X1_t1 X2_t1 X3_t1 Y1_t1~0 Y2_t1~0 Y3_t1~0 (*t1 1); FY_T1 BY Y1_t1 Y2_t1 Y3_t1 X1_t1~0 X2_t1~0 X3_t1~0 (*t1 1); [X1_t1 X2_t1 X3_t1] (i1-i3); [Y1_t1 Y2_t1 Y3_t1] (i4-i6); X1_t1 X2_t1 X3_t1 (u1-u3); Y1_t1 Y2_t1 Y3_t1 (u4-u6); FX_T1@1; FY_T1@1; [FX_T1@0]; [FY_T1@0];	FX_T2 BY X1_t2 X2_t2 X3_t2 Y1_t2~0 Y2_t2~0 Y3_t2~0 (*t2 1); FY_T2 BY Y1_t2 Y2_t2 Y3_t2 X1_t2~0 X2_t2~0 X3_t2~0 (*t2 1); [X1_t2 X2_t2 X3_t2] (i1-i3); [Y1_t2 Y2_t2 Y3_t2] (i4-i6); X1_t2 X2_t2 X3_t2 (u1-u3); Y1_t2 Y2_t2 Y3_t2 (u4-u6); FX_T2*; FY_T2*; [FX_T2*]; [FY_T2*];
--	--

X1\_t1 X2\_t1 X3\_t1 pwith X1\_t2 X2\_t2 X3\_t2;

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## Var-Cov

FX_T1 BY X1_t1 X2_t1 X3_t1 Y1_t1~0 Y2_t1~0 Y3_t1~0 (*t1 1); FY_T1 BY Y1_t1 Y2_t1 Y3_t1 X1_t1~0 X2_t1~0 X3_t1~0 (*t1 1); [X1_t1 X2_t1 X3_t1] (i1-i3); [Y1_t1 Y2_t1 Y3_t1] (i4-i6); X1_t1 X2_t1 X3_t1 (u1-u3); Y1_t1 Y2_t1 Y3_t1 (u4-u6); FX_T1@1; FY_T1@1; FX_T1 WITH FY_T1 (c1); [FX_T1@0]; [FY_T1@0];	FX_T2 BY X1_t2 X2_t2 X3_t2 Y1_t2~0 Y2_t2~0 Y3_t2~0 (*t2 1); FY_T2 BY Y1_t2 Y2_t2 Y3_t2 X1_t2~0 X2_t2~0 X3_t2~0 (*t2 1); [X1_t2 X2_t2 X3_t2] (i1-i3); [Y1_t2 Y2_t2 Y3_t2] (i4-i6); X1_t2 X2_t2 X3_t2 (u1-u3); Y1_t2 Y2_t2 Y3_t2 (u4-u6); FX_T2@1; FY_T2@1; FX_T2 WITH FY_T2 (c1); [FX_T2*]; [FY_T2*];
--	--

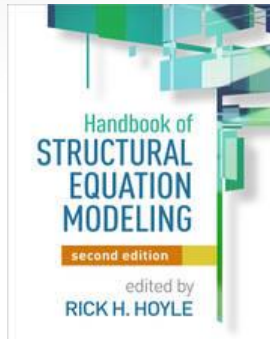
X1\_t1 X2\_t1 X3\_t1 pwith X1\_t2 X2\_t2 X3\_t2;

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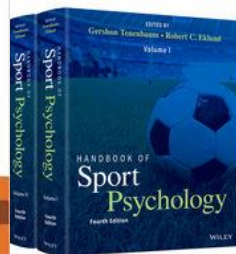
# Means

FX_T1 BY X1_t1 X2_t1 X3_t1 Y1_t1~0 Y2_t1~0 Y3_t1~0 (*t1 1); FY_T1 BY Y1_t1 Y2_t1 Y3_t1 X1_t1~0 X2_t1~0 X3_t1~0 (*t1 1); [X1_t1 X2_t1 X3_t1] (i1-i3); [Y1_t1 Y2_t1 Y3_t1] (i4-i6); X1_t1 X2_t1 X3_t1 (u1-u3); Y1_t1 Y2_t1 Y3_t1 (u4-u6); FX_T1@1; FY_T1@1; FX_T1 WITH FY_T1 (c1); [FX_T1@0]; [FY_T1@0];	FX_T2 BY X1_t2 X2_t2 X3_t2 Y1_t2~0 Y2_t2~0 Y3_t2~0 (*t2 1); FY_T2 BY Y1_t2 Y2_t2 Y3_t2 X1_t2~0 X2_t2~0 X3_t2~0 (*t2 1); [X1_t2 X2_t2 X3_t2] (i1-i3); [Y1_t2 Y2_t2 Y3_t2] (i4-i6); X1_t2 X2_t2 X3_t2 (u1-u3); Y1_t2 Y2_t2 Y3_t2 (u4-u6); FX_T1@1; FY_T1@1; FX_T2 WITH FY_T2 (c1); <b>[FX_T2@0]; [FY_T2@0];</b>
X1_t1 X2_t1 X3_t1 pwith X1_t2 X2_t2 X3_t2;	

## Chapter 10: ESEM Morin, Marsh, & Nagengast



**Morin, A.J.S.** (2023). Exploratory structural equation modeling. In R.H. Hoyle (Ed.), *Handbook of Structural Equation Modeling, Second Edition* (pp. 503-524). Guilford.



**Morin, A.J.S., Myers, N.D., & Lee, S.** (2020). Modern factor analytic techniques: Bifactor models, exploratory structural equation modeling (ESEM) and bifactor-ESEM. In G. Tenenbaum & R.C. Eklund (Eds.), *Handbook of Sport Psychology, 4th Edition* (pp. 1044-1073). London, UK: Wiley

# Limitations of ESEM

**Identification is automatically UVI (Unit Variance Identification) for the variance-covariance matrix:** For comparison purposes, it is useful to also use UVI with other models.

The full latent variance-covariance matrix “moves” together:

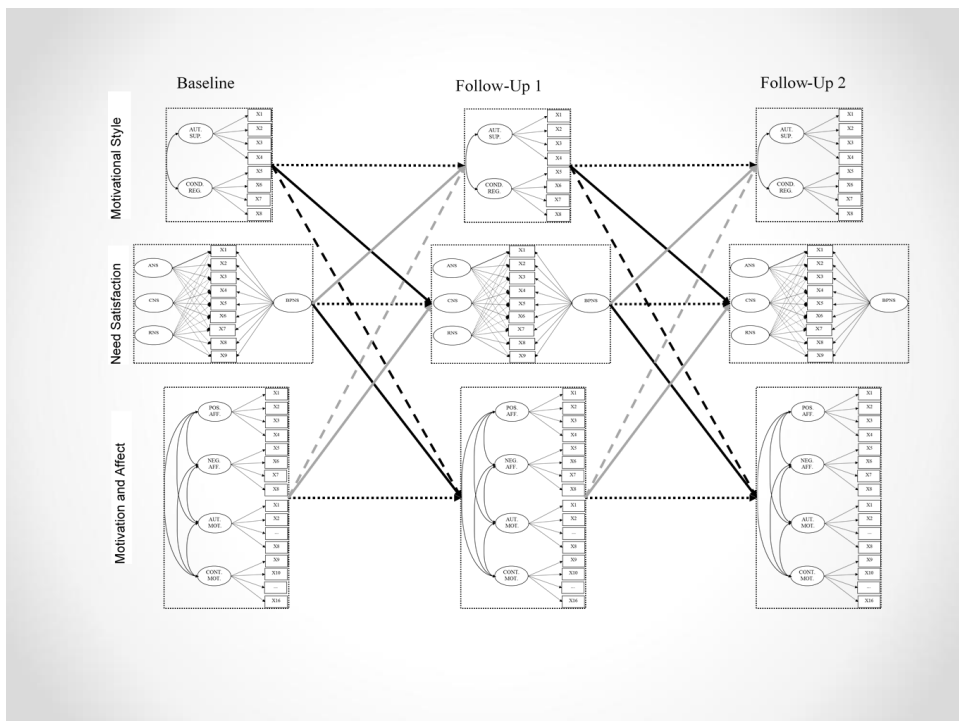
- 1) All factors forming a set need to be simultaneously related to the same variables outside of this set (predictors, outcomes, correlates), in the same manner.
- 2) Constraints need to be imposed on the full latent-variance covariance matrix simultaneously (no separate tests of the invariance of factor variances versus covariances).
- 3) No partial test of weak invariance (factor loadings) are possible.

It is not possible to impose constraints on factor loadings.

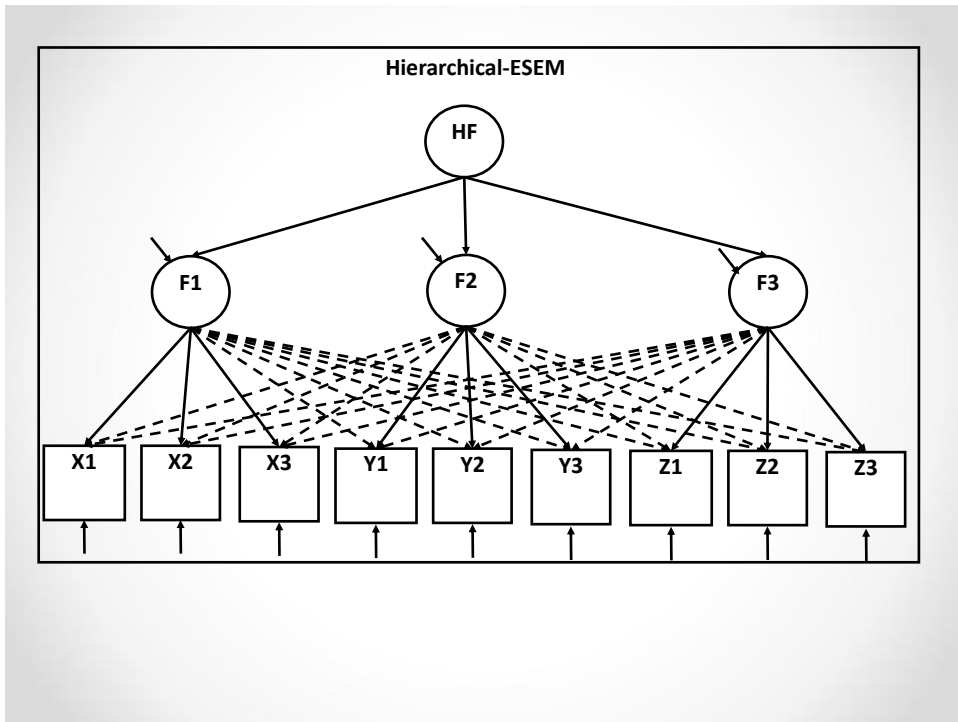
Higher-order ESEM models cannot be estimated, **BUT**...

Multilevel or mixture applications of EFA factors are limited.

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## Higher-Order ESEM

It is not directly possible to estimate higher-order CFA factor(s) from first-order ESEM factors. However, it is possible to reproduce the first-order ESEM model using the CFA framework, and then to use this model to estimate a higher-order CFA factor from the first-order ESEM factors.

It is not directly possible to estimate higher-order ESEM factor(s) from first-order ESEM or CFA factors. However, it is possible to use the latent variance-covariance matrix of the ESEM or CFA solution as the input (rather than using the raw data) for the higher-order analysis.

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## EFA-within-CFA

Jöreskog (1969) proposed EFA-within-CFA to estimate EFA-like factors (with all possible cross-loadings) in CFA/SEM.

The idea is to build in sufficient constraints for identification, that is  $m^2$  restrictions where  $m$ =number of factors.

1. Constrain all factor variances to 1 (UVI) =  $m$  restrictions.
2. Select one referent indicator per factor and constrain all cross-loadings to 0 for this indicator =  $m^2 - m$  restrictions.

e.g., 3 factors (4 factors)

1. 3 variances = 3 restrictions (4)
2. 2 cross-loadings \* 3 factors = 6 restrictions ( $4*3 = 12$ )

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## ESEM-within-CFA

From this idea, Marsh, Nagengast, and Morin (2012) and Morin, Marsh, & Nagengast (2013) proposed ESEM-within-CFA as a way to **circumvent many limitations of ESEM**.

The SVALUES command of the output section will provide the exact starts values from the final selected ESEM solution.

These starts values then need to be pasted in the model section of the new ESEM-within-CFA input, and relevant constraints are then added to reach  $m^2$  restrictions.

1. Constrain all factor variances to 1 =  $m$  restrictions.
2. Select one referent indicator per factor and constrain (@) all of its cross-loadings to their exact ESEM values =  $m^2 - m$  restrictions.
3. Freely estimate all other parameters (\*) using their exact start value from the ESEM solution.

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OUTPUT:

sampstat standardized modindices cinterval residual **values** tech1 tech3 tech4;

CFA MODEL COMMAND WITH FINAL ROTATED ESTIMATES USED AS STARTING VALUES

```
F1 BY x1_I*0.73658;           F2 BY x7_I*0.09678;
F1 BY x2_I*0.63553;           F2 BY x8_I*0.04070;
F1 BY x3_I*0.65835;           F2 BY x9_I*0.19045;
  F1 BY x4_I*-.08283;
  F1 BY x5_I*-.20022;           F3 BY x7_I*0.81108;
  F1 BY x6_I*0.03567;           F3 BY x8_I*0.82496;
  F1 BY x7_I*-.03889;           F3 BY x9_I*0.66918;
  F1 BY x8_I*-.15079;           F3 BY x1_I*0.01108;
  F1 BY x9_I*-.02702;           F3 BY x2_I*0.12496;
                                F3 BY x3_I*0.06918;
F2 BY x4_I*0.69678;           F3 BY x4_I*-.08283;
F2 BY x5_I*0.64070;           F3 BY x5_I*-.20022;
F2 BY x6_I*0.89045;           F3 BY x6_I*0.03567;
  F2 BY x1_I*0.01108;
  F2 BY x2_I*0.12496;           ...
  F2 BY x3_I*0.06918;
```

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```
F1 BY x1_I*0.73658;           F2 BY x7_I*0.09678;
F1 BY x2_I*0.63553;           F2 BY x8_I@0.04070;
F1 BY x3_I*0.65835;           F2 BY x9_I*0.19045;
  F1 BY x4_I*-.08283;
  F1 BY x5_I*-.20022;           F3 BY x7_I*0.81108;
  F1 BY x6_I@0.03567;           F3 BY x8_I*0.82496;
  F1 BY x7_I*-.03889;           F3 BY x9_I*0.66918;
  F1 BY x8_I@-.15079;           F3 BY x1_I@0.01108;
  F1 BY x9_I*-.02702;           F3 BY x2_I*0.12496;
                                F3 BY x3_I*0.06918;
F2 BY x4_I*0.69678;           F3 BY x4_I*-.08283;
F2 BY x5_I*0.64070;           F3 BY x5_I*-.20022;
F2 BY x6_I*0.89045;           F3 BY x6_I@0.03567;
  F2 BY x1_I@0.01108;
  F2 BY x2_I*0.12496;
  F2 BY x3_I*0.06918;           F1-F3@I;
```

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- Marsh, H.W., Nagengast, B., & Morin, A.J.S. (2013). Measurement invariance of big-five factors over the life span: ESEM tests of gender, age, plasticity, maturity, and La Dolce Vita effects. *Developmental Psychology*, 49, 1194-1218.
- Morin, A. J. S., Marsh, H.W., & Nagengast, B. (2013). Exploratory structural equation modeling. In Hancock, G. R., & Mueller, R. O. (Eds.). *Structural equation modeling: A second course* (2nd ed., pp. 395-436). Charlotte, NC: Information Age Publishing, Inc.

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## Higher-Order ESEM with ESEM-Within-CFA

- Also need to fix the **main loading** of the referent indicator to its ESEM value, allowing for the free estimation of first-order factor variances.
- See: Morin, A.J.S., & Asparouhov, T. (2018). Estimation of a hierarchical Exploratory Structural Equation Model (ESEM) using ESEM-within-CFA. Montreal, QC: Substantive Methodological Synergy Research Laboratory.

[https://smslabstats.weebly.com/uploads/1/0/0/6/100647486/webnote\\_-\\_hierarchical\\_exploratory\\_structural\\_equation\\_model.pdf](https://smslabstats.weebly.com/uploads/1/0/0/6/100647486/webnote_-_hierarchical_exploratory_structural_equation_model.pdf)

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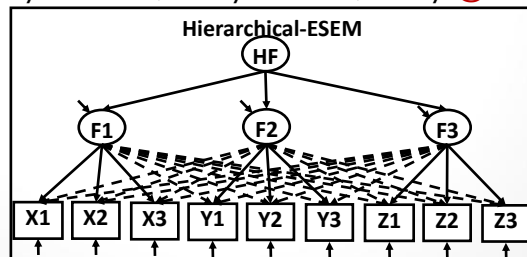


Model: ! ESEM Within CFA

```
f1 BY x1*0.74674; f1 BY x2*0.80372; f1 BY x3@0.80739; f1 BY x4*0.83759;  
f1 BY y1*-0.05015; f1 BY y2*0.20610; f1 BY y3*-0.09183; f1 BY y4@0.03835;  
f1 BY z1*0.22881; f1 BY z2*0.02457; f1 BY z3*0.01376; f1 BY z4@-0.13088;  
f2 BY y1*0.79513; f2 BY y2*0.80701; f2 BY y3*0.95053; f2 BY y4@0.90008;  
f2 BY x1*-0.12434; f2 BY x2*0.15514; f2 BY x3@-0.07168; f2 BY x4*0.08193;  
f2 BY z1*0.06430; f2 BY z2*0.31927; f2 BY z3*-0.14645; f2 BY z4@-0.00922;  
f3 BY z1*0.71349; f3 BY z2*0.66022; f3 BY z3*0.96202; f3 BY z4@0.95145;  
f3 BY x1*0.11211; f3 BY x2*-0.13255; f3 BY x3@0.15235; f3 BY x4*-0.02669;  
f3 BY y1*0.16258; f3 BY y2*-0.02858; f3 BY y3*0.07700; f3 BY y4@-0.01649;  
f1-f3*I;
```

HF BY F1\* F2 F3;

HF@I;



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## Factor Covariance Matrix

At the end of the input for the final first-order ESEM (or CFA) model, indicate:

SAVEDATA:

TECH4 IS tech4.dat;

Then use this file as the data set for further analyses.

DATA:

File is tech4.dat;

TYPE is MEANS COVARIANCE;

NOBSERVATIONS = 1000; ! Your sample size

With the order of the USEVARIABLE list corresponding to the order of appearance of the latent variables (see TECH4 for details).

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# OR

Simply save the factor scores from the model and use them as indicators of the higher-order factor:

**SAVEDATA:**

FILE IS **FSCORES**.dat;

SAVE = Fscores;

This will create a new data file including the items used in the analysis (and listed as auxiliary), followed by the ID variable and then the factor scores. Mplus provides this list at the end of the output:

**SAVEDATA INFORMATION**

Save file

**FSCORESLTA**.dat

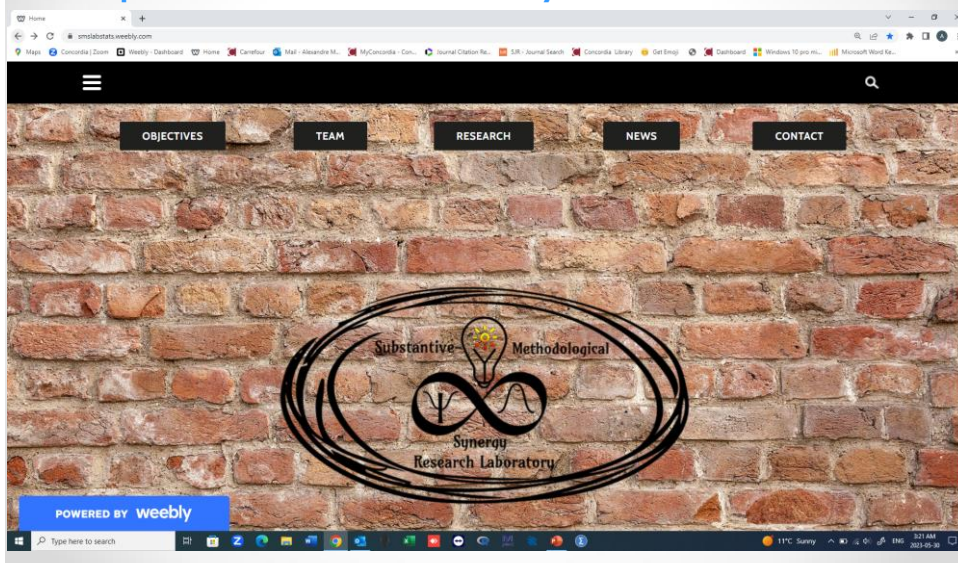
Order and format of variables

**MISSING ARE ALL \***

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<https://smslabstats.weebly.com/>



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